

OCTOBER SYNAPSE

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OCT.

October SEC Chapter Visit Recap



Simon Visited Valley Vista High School on September 27th.



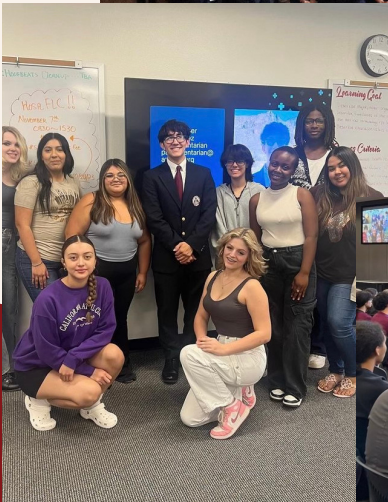
On September 28th Chris, David, and Sajani visited Independence High School.



Sajani had the opportunity to visit Sandra Day O'Connor High School on October 10th. Analisia visited Estrella Foot Hills High School on the same day!



On October 11th Analisia and Sajani were able to visit the West-MEC NorthWest Campus.



Chris visited Combs High School on October 16th and CAVIT on October 17th.





FACTS ABOUT BREAST CANCER

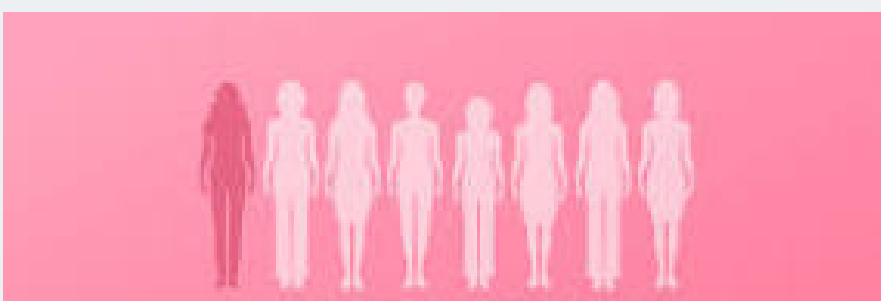


What is Breast Cancer?



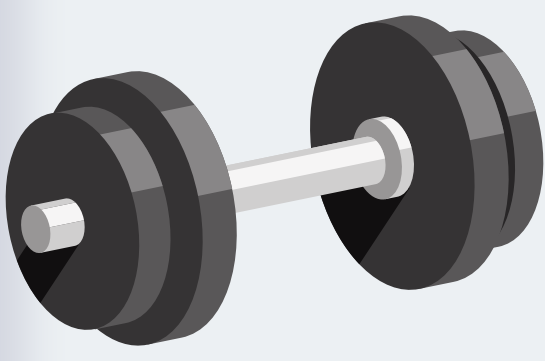
Breast Cancer is a disease in which cells in your breast grow out of control and create tumors

1 in 8 women develop breast cancer



Ways to prevent

EXERCISE



EAT HEALTHY



Risk Factors



AGE



BEING FEMALE



GENES

WHAT COMPETITIVE EVENT IS RIGHT FOR YOU?

ANSWER THE
QUESTIONS BELOW!

DO YOU WANT TO WORK WITH A TEAM?
YES NO

Are you creative and can you think outside of the box to find a solution?	Health Career Display, Medical Innovation, Creative Problem Solving, Parliamentary Procedure, Forensic Science	Health Career Photography, Research Poster
Do you want to be recognized for your involvement in HOSA?	HOSA Happenings, HOSA Service Project, Outstanding HOSA Achievement	Barbara James Service Award
Do you want to practice specific skills related to a health care career?	CERT, CPR/First Aid, EMT	Clinical Specialty, Sports Medicine, Biomed Laboratory Science, Clinical Nursing, Medical Assisting, Nursing Assisting, Veterinary Science, Physical Therapy, Dental Science, Home Health Aide, Pharmacy Science
Do you want to interact directly with your competitors?	Biomedical Debate, HOSA Bowl	Medical Spelling
Do you want to get more involved in you communit and HOSA?	HOSA Service Project, Health Education, MRC Partnership, Public Health, Public Service Announcement, Community Awareness	Barbara James Service Award, Organizational Leadership
Are you classified under the Individuals with Disabilities Education Act?	N/A	Personal Care, Interview Skills, Speaking Skills, Life Support Skills
Do you want to compete in a testing only event?	N/A	Behavioral Health, Cultural Diversities, Medical or Dental Terminology, Human Growth, Medical Law, Nutrition, Pathophysiology, Pharmacology, Epidemiology, Medical Math, Health Care Issues Exam, Medical Reading, Health Informatics
Do you want to improve your writing or speaking skills?	N/A	Researched Persuasive Writing and Speaking, Extemporaneous Writing, Health Lifestyle, Job Seeking Skills, Prepared Speaking



CHAPTER OF THE MONTH

This award is proudly presented to:

BASHA HIGH SCHOOL

BASHA's HOSA chapter started this year off with a bang! They held a fundraiser car wash and raised hundreds of dollars. Just last month, on September 23rd, Basha High HOSA partnered with the Anthony Bates Foundation in order to conduct heart screenings for athletes, students, and adults alike. With over 150 signups, Basha HOSA was successfully able to get an AED donated to the school. This is just the beginning for this chapter! They plan to host an upcoming walkathon where proceeds are donated to Be The Match! Thank you For all you've done so far and we can't wait to see what else your chapter has in store!



DOMESTIC VIOLENCE AWARENESS MONTH



-October-

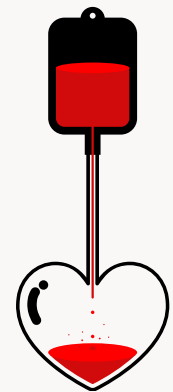
-Heal, Hold, and Center-

October sheds light on victims of domestic violence, an issue that is often overlooked. If you, or a loved one is possibly in a situation involving violence or abuse, you are not alone. Help is available!

National Hotline (24/7): 800-799-7233



GCU CAMPUS BLOOD DRIVE



This week, from 10/18-10/19, Grand Canyon University hosted a blood drive which had hundreds of students come in and donate!



Honoring Indigenous Peoples: The Significance of Indigenous People's Day

Every year, on the second Monday of October, many communities across the United States celebrate Indigenous People's Day. This day is a powerful reminder of Indigenous peoples' rich and diverse cultures, histories, and contributions. Unlike Columbus Day, which has a controversial history associated with it, Indigenous People's Day stands as a symbol of recognition and respect for the original inhabitants of the Americas. In this article, we'll explore the significance of Indigenous People's Day and the importance of acknowledging the invaluable heritage of Indigenous communities.

Indigenous People's Day, also known as Native American Day or First Nations Day, was proposed in 1977 at the United Nations' International Conference on Discrimination Against Indigenous Populations in the Americas. The idea gained momentum, and South Dakota became the first state to recognize Native American Day in 1989 officially. Since then, many states and cities have followed suit, acknowledging Indigenous peoples' historical and contemporary significance in the Americas.

One of the primary purposes of Indigenous People's Day is to celebrate and showcase Indigenous communities' diverse cultures and traditions. These cultures span the entire continent, from the Inuit peoples of the Arctic to the Hopi of the Southwest and the Haudenosaunee in the Northeast, among many others. Indigenous communities have deep-rooted traditions, languages, and art forms, all of which contribute to the vibrant tapestry of American society.





Beyond celebrating culture, Indigenous People's Day also serves as a reminder of Indigenous communities' historical and ongoing challenges. From the forced removal and displacement of Indigenous peoples to the continued struggle for land rights and self-determination, this day allows us to reflect on the injustices and inequalities that have marred the history of Indigenous populations.

One of the critical components of Indigenous People's Day is the emphasis on education and raising awareness about Indigenous issues. Schools and communities often use this day as an opportunity to teach about the history and experiences of Indigenous peoples. This can help dispel misconceptions and foster a greater understanding and appreciation of their contributions to society.

Recognizing Indigenous People's Day is a step towards reconciliation and acknowledging past injustices. Many Indigenous activists and leaders have long called for the removal of Columbus Day, which honors an explorer whose arrival in the Americas marked the beginning of a devastating chapter for Indigenous peoples. By replacing Columbus Day with Indigenous People's Day, we take a positive step toward healing historical wounds and fostering better relationships between Indigenous communities and the broader society.

