



Find below the list of competitions that require an upload. **All uploads for Regionals will be due in accordance with the Regional Conference the competitor is part of. Refer to the guide for dates.** Please let us know if you have any questions!

Competition	Materials Needed	Submission Link
Health Career Photography	<p>ENTIRE completed portfolio and a pre-recorded presentation of the portfolio for the judges.</p> <p>From the guidelines: "The competitor will have a maximum of three (3) minutes (approximately one minute per photo) to present the picture, describe the profession, explain what is happening in the picture and how the career fits into the healthcare system."</p>	https://azhosa.wufoo.com/forms/q1kk774409axn0l
Health Career Display	<p>Students will submit photos of their poster board with a confirmation from the teacher that the board is within the 36" x 48" size limit.</p> <p>Students will also submit a pre-recorded presentation of their Display to Wufoo. Video presentations must be 5 minutes or less in length.</p>	https://azhosa.wufoo.com/forms/q1eys6lm1hpfmrl
Job Seeking Skills	<p>Personal Statement, Resume, and Tallo Profile Link</p> <p>*NOTE students will also need to complete a Tallo Profile for this event</p>	https://azhosa.wufoo.com/forms/q4v6g2t01skwf7
Public Health	<p>Public Health teams will pre-record and submit their Public Health presentation via Wufoo.</p>	https://azhosa.wufoo.com/forms/q12h79w11wmkwcw
Public Service Announcement	<p>Reference page, Copyright Form, Airdate Form, Link to the PSA 30 second video</p> <p>PSA Description Video. From the guidelines: Teams will be given 4 minutes to describe their creative process, outlining key areas as described on the event rating sheet. The team can replay the PSA, starting and stopping as desired, during the 4 minutes</p>	https://azhosa.wufoo.com/forms/q15mclvb18ylfdt

Please have all video links set to public access or upload the file directly to avoid technology problems. azhosa.org