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Ever wanted to get involved in HOSA office?



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There are great opportunities for HOSA in college

UPCOMING DATES

JANUARY 1ST

Start of a great new year!

JANUARY 5TH

AzHOSA Scholarship Application
Opens

JANUARY 5TH

AzHOSA State Officer
Application Available

JANUARY 5TH

Deadline for Online Testing
Registration

JANUARY 8TH THROUGH JANUARY 19TH

Online Testing for
qualifications for some State
Leadership Conference
competitive events

JANUARY 27TH

AzATA Sports Medicine
Statewide Regional
Conference Phoenix, AZ

FEBRUARY 19

AzHOSA State Officer
Applications Due

FEBRUARY 22

AzHOSA Scholarship
Application Due

MARCH 3RD

State Officer Interviews
Phoenix, AZ



AZ HOSA

Has exciting
things coming
up! Make sure to
take advantage
of them

Make sure to fill out the applications that
come out this month!

Scholarship Application

One of the many opportunities that HOSA has to offer is scholarships! Every year several scholarship opportunities are available through national and Arizona HOSA for high school seniors and postsecondary/collegiate HOSA members. This is a great way to begin paying for college! The Arizona HOSA Jane Shovlin Scholarship application form will be released on January 5th on the AzHOSA Website (azhosa.org) and will be due back on February 22nd. Make sure to take advantage of this great opportunity!

State Officer Application

2018 - 2019 Arizona HOSA State Officer Application Additionally, the state officer application will be available on January 5th on the azhosa.org website and all of our social media accounts. Becoming a State Officer is an exciting and rewarding experience. Every year your state officer team works hard to serve the membership and to help you have a great time in HOSA. Make sure to start the application early, because there are several parts including letters of recommendation, signatures from teachers, principals, and superintendents, as well as an essay. We hope to see you at the next step of the application process: interviews!

CLICK HERE FOR MORE
about Arizona HOSA's
upcoming schedule

REMINDERS



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Above is Zach Merhavy
in his HOSA gear

ZACH MERHAVY GCU SENIOR

WHY DID YOU DECIDE TO CONTINUE HOSA IN COLLEGE?

In high school, HOSA was only for students in the sport medicine class, so I always had to watch from afar. Granted, my school's chapter didn't do much of anything, but always in the back of my head I knew that HOSA existed. On Wednesday, September 9th, I got out of class at GCU and there were literally hundreds of people gathered in the Quad. After hearing that it was something for HOSA, my initial thought was "Wow! GCU has a lot of

Medicine majors!". To my surprise, they weren't all sports medicine majors and they were talking about what HOSA was, who they cater to, and why they exist at GCU. They showed me ways to get involved in my major that I didn't have before, and since that moment, I have been hooked. I started showing up for almost every event, got to know the Leadership Team, and really took the time to see the value that HOSA has to offer.



ONCE YOU PUSH YOURSELF TO GET INVOLVED, YOU WILL FIND YOURSELF SEEING THE TREMENDOUS VALUE THAT HOSA CAN BRING YOUR EDUCATIONAL

LEARN ABOUT HOSA IN COLLEGE LIFE

EVER WONDER ABOUT WHAT IT'S LIKE TO PARTICIPATE IN HOSA WHILE IN COLLEGE? HERE ARE WHAT SOME GCU HOSA MEMBERS HAD TO SAY!

WHAT BENEFITS HAVE YOU EXPERIENCED BY BEING IN HOSA WHILE IN COLLEGE?

I have learned that HOSA, especially at GCU, is ready and equipped to provide its members with any possible resource, connection, and opportunity you could think of. With how connected GCU is to just about everything, and with how close the Leadership Team works with the school administration, HOSA is sitting at a huge point of power and influence within GCU, and regularly uses it to put students first. Through HOSA, I have been able to

network with people from all over the country, received an internship last summer, been able to secure an internship with Mayo Clinic this year, work on developing myself into a strong, confident leader, and so much more. I can with 100% certainty say that without having HOSA as part of my college experience, I would not be where I am today.

WHAT IS THE EASIEST WAY FOR INCOMING FRESHMAN OR CURRENT COLLEGE STUDENTS TO GET INVOLVED IN YOUR SCHOOL'S HOSA CHAPTER?

Go to everything! Show up to as many events as you can. Once you start going to events, you will start to get to know the members and the Leadership Team. You will find yourself exploring the very things you love about your

future profession, and some outside of it. You will be able to make yourself such a well-rounded person within your field, and you will be able to gain extensive knowledge across the board not common among pre-health students. Once you push yourself to get involved, you will find yourself seeing the tremendous value that HOSA can bring your educational experience. These are the people that you may very well see in graduate school or in the professional world in the future. HOSA is so much more than a club. HOSA truly is a wonderful experience that connects so many of us across the world that allows us to explore and appreciate our love for the health field, all while preparing us to be the best future health professionals we can be.





COLTON ZEITLER ● ●

WHY DID YOU DECIDE TO CONTINUE HOSA IN COLLEGE?

When I was a senior in high school, my friends went out to the State Leadership Conference to participate in the contests for nursing skills (something I was studying at the time). Our best students went to the conference and our whole class was certain that they would pull off the most awards. However, when they returned, we were all shocked to find out that GCU dominated the whole conference. This inspired me to not only enroll in GCU, but also continue my education in HOSA so that I may master the skills necessary to separate me from my peers.

WHAT BENEFITS HAVE YOU EXPERIENCED BY BEING IN HOSA WHILE IN COLLEGE?

Not only have I learned more about science and healthcare skills, but I have also learned more practical skills in leadership. Not only

that, but HOSA has also made me much more comfortable with holding and attending meetings and allowed me to meet many more brilliant minds at GCU.

WHAT IS THE EASIEST WAY FOR INCOMING FRESHMAN OR CURRENT COLLEGE STUDENTS TO GET INVOLVED IN YOUR SCHOOL'S HOSA CHAPTER?

Participate and stay curious! Attending meetings and doing nothing with the resources available is not going to cut it. If a student wants to get involved, then the best way is through participation in meetings, attending events, and always staying curious about your field of interest. As a member of HOSA leadership, I am here to serve the general members. All they have to do is keep asking questions and be sure to participate!



WHY DID YOU DECIDE TO CONTINUE HOSA IN COLLEGE?

I had never heard of HOSA while I was in high school, so my first experience with it was their kickoff in my first week of college.

WHAT BENEFITS HAVE YOU EXPERIENCED BY BEING IN HOSA WHILE BEING IN COLLEGE?

The greatest benefit has been the networking aspect. I'm surrounded by people who are motivated to become something amazing, and they in turn encourage me to reach for things I would not have necessarily thought were possible.

CAMDEN BOLE

Sophomore at GCU

WHAT IS THE EASIEST WAY FOR INCOMING FRESHMAN OR CURRENT COLLEGE STUDENTS TO GET INVOLVED IN YOUR SCHOOL'S HOSA CHAPTER?

The easiest way to get involved is to attend general member meetings and sign up for the emailing list. By doing so, they are able to learn more about our events and how to go deeper as a HOSA member.



PARTICIPATE AND STAY CURIOUS! ATTENDING MEETINGS AND DOING NOTHING WITH THE RESOURCES AVAILABLE IS NOT GOING TO CUT IT.





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Cheney Hills first joined HOSA
in college

CHENEY HILLS JUNIOR AT GCU

WHY DID YOU DECIDE TO CONTINUE HOSA IN COLLEGE?

Unfortunately, my high school did not have a HOSA chapter, but I knew of HOSA through friends who participated in it through their high schools. When I discovered that GCU had a chapter I was very excited to participate in this amazing organization.

WHAT BENEFITS HAVE YOU EXPERIENCED BY BEING IN HOSA WHILE IN COLLEGE?

Participating in HOSA while in college has allowed me to

expand my healthcare interests and prepare myself for applying to graduate school. Not only does HOSA help me create connections that I can use in my future, but it also helps me meet like-minded individuals that are working towards similar goals to mine.

WHAT IS THE EASIEST WAY FOR INCOMING FRESHMAN OR CURRENT COLLEGE STUDENTS TO GET

INVOLVED IN YOUR SCHOOL'S HOSA CHAPTER?

The easiest way to get involved with the GCU HOSA chapter is just choose an event and go. There are tons of volunteer opportunities, student community events and practice clinical skill sessions that you can connect with leadership and fellow members at. Everyone is really welcoming and it's a great environment to learn and have fun. lobortis dui.

COLLEGE CHAPTERS ARE WAITING FOR YOU

AND IF YOUR COLLEGE DOESN'T HAVE A CHAPTER
ALREADY, YOU CAN START ONE THERE!



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I CAN WITH 100% CERTAINTY SAY THAT WITHOUT HAVING HOSA AS PART OF MY COLLEGE EXPERIENCE, I WOULD NOT BE WHERE I AM TODAY.

PARTICIPATING IN HOSA WHILE IN COLLEGE HAS ALLOWED ME TO EXPAND MY HEALTHCARE INTERESTS AND PREPARE MYSELF FOR APPLYING TO GRADUATE SCHOOL.

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I'M SURROUNDED BY PEOPLE WHO ARE MOTIVATED TO BECOME SOMETHING AMAZING, AND THEY IN TURN ENCOURAGE ME TO REACH FOR THINGS

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SEAN THOMAS



WHY DID YOU DECIDE TO CONTINUE HOSA IN COLLEGE?

Coming from a fairly large HOSA chapter in high school, I had already been privy to the community aspect that the organization provided through helping its students prepare for their post-baccalaureate studies and applications, but was not prepared for the overwhelming sense of activity present on a University campus. From the first few weeks of my stay at GCU, our HOSA chapter and its members made themselves a force to be reckoned with throughout the University via their continuous social and advocacy efforts.

WHAT BENEFITS HAVE YOU EXPERIENCED BY BEING IN HOSE WHILE IN COLLEGE?

Aside from the free food, I've been blessed with the opportunity to join the ranks of their leadership team, gain various industry-standard certifications, network with industry

professionals, and truly give back to the students at the University. The sheer amount of commitment and resulting resources that we pour into our members for the sake of having them be as prepared as possible to, either enter the workforce or matriculate to graduate school following their graduation, makes me feel as though we're more than simply a club; we're an ever-present support system for our members to lean on and utilize in times of hardship as well as uncertainty. By far, this year in HOSA has been my favorite simply because of the level of connection that we have garnered with those that we serve. My participation has not only aided in the development of a multitude of skills applicable to most areas of my life, but also my time in HOSA has given me and even more comprehensive understanding of what it means to be a health professional so early on in my pre-health career.



GCU junior smiling about his HOSA experience

WHAT IS THE EASIEST WAY FOR INCOMING FRESHMAN OR CURRENT COLLEGE STUDENTS TO GET INVOLVED IN YOUR SCHOOL'S HOSA CHAPTER?

Granted, this advice comes from a chronically involved individual, but I would say that the easiest way for a student to get involved with GCU's HOSA chapter is to simply jump in and be enveloped by the amenities provided by the organization. Gain certifications, develop vital clinical skills, and pick the brains of those who have already been through the rigors you are about to face. Opportunities designed to

make you a candidate that stands above the rest are in the palm of your hand, have to do is take hold of anything and everything you can. However, I understand that this head-first style of involvement can be incredibly overwhelming as many students have no idea where to start, but if you go to the chapter's first meeting, all you have to do is walk up to anyone on the leadership team and ask for chances to be more involved. I can almost guarantee that they will be excited and eager to plug you into as much as you would like.



**WE'RE AN EVER-
PRESENT SUPPORT
SYSTEM FOR OUR
MEMBERS TO LEAN
ON AND UTILIZE
IN TIMES OF
HARDSHIP AS
WELL AS
UNCERTAINTY.**

HELLO ARIZONA HOSA MEMBERS!

If one of your New Year's Resolutions is to run for State Office and you're wondering how to go about it, you're in luck! On Friday, January 5th from 2 - 3 pm your 2017-2018 State Officers will be holding a webinar on Facebook live.

This webinar is all about running for a position on the Arizona HOSA State Executive Council. This webinar will include how to fill out the application, what you need to know for interview day, how to campaign at Spring Conference, a Q & A session, and more! We hope to see you there!

All of our previous webinars can also be found on our Facebook page at Arizona HOSA







PARLI PRO WITH RYAN O



Learn in our monthly issues how
to use parliamentary procedure
in you chapters



HELLO ARIZONA HOSA AND WELCOME TO

THIS MONTH'S EDITION OF "PARLI PRO WITH RYAN O!" ONCE AGAIN, I AM YOUR STATE PARLIAMENTARIAN, RYAN O'HARA.

This monthly series aims to teach each and every member the ins and outs of parliamentary procedure through short, easily understood articles. With that, I call the seventh session of "Parli Pro With Ryan O" to order!

Previously on Parli Pro with Ryan O:

- A chapter should reach a decision through either a majority vote or a two-thirds vote. Neither of these votes should cover members who choose to abstain or are on probation.

- The chair of a meeting can use unanimous consent to

speed up the voting process.

- In general, the chair should not express their opinion or vote in a meeting unless absolutely necessary. Members, meanwhile, should always be encouraged to vote.

Let's return to our hypothetical meeting from last month. Lizzie, the chair, wants to hold a vote regarding the chapter's upcoming planned field trip to Mars. However, due to differing opinions within the membership, the voice vote she held did not sufficiently show which side - the affirmative or the negative -

won out. In order to get a more accurate vote count, she can use one of three alternative methods of voting.

The first of these methods is the standing vote. As you probably figured out from the name, a standing vote asks the membership to stand in support of their side (for or against) for the motion in question; however, standing votes are not counted. Much like voice votes, the chair, after directing members to carry out a standing vote, roughly determines whether more members stood for the affirmative or negative. Besides the grumbles from members who don't want to



GETTING INVOLVED IN YOUR CHAPTER CAN BE AS SIMPLE AS DOING SOMETHING THAT YOU'VE DONE SINCE YOU WERE LITTLE: RAISING YOUR HAND

stand up, this can be an efficient, quick way of gauging where a group of people stands (get it?) on a specific motion.

A chair should use a standing vote in any of three cases. If a two-thirds vote - rather than a simple majority - is required, a standing vote should always be used in place of a voice vote. Much like our example, a standing vote should also be used if the chair is not sure of the results of a voice vote. A member can also request that a standing vote be held by calling out "division;" note that the floor is not required to perform this action. After division is called, or after the chair decides a standing vote is required, they will provide instructions on who is to

instructions on who is to stand at what point, before holding the vote and announcing the winning side.

A show of hands can also be used in place of a voice or standing vote. Much like the other two types of votes, a show of hands is uncounted, but should typically be used solely in small group settings. The procedure for holding this vote is almost identical to holding a standing vote: the chair will restate the motion being voted upon, then instruct both sides (first those in support, then those opposed) to raise their hands, before finally determining which side had more support and announcing the result of the vote.

However, in our hypothetical



IF A TWO-THIRDS VOTE - RATHER THAN A SIMPLE MAJORITY - IS REQUIRED, A STANDING VOTE SHOULD ALWAYS BE USED IN PLACE OF A VOICE VOTE... A MEMBER CAN ALSO REQUEST A STANDING VOTE BE HELD...

VOTING IS AN EXCITING PART OF HOSA CHAPTERS

ITS IMPORTANT TO LEARN WHAT DIFFERENT KINDS OF VOTING
METHODS THERE ARE AND WHEN & HOW TO USE THEM

scenario, an imprecise vote won't be enough to determine whether or not the chapter wishes to take a field trip to Mars. Even after performing a standing vote, it's impossible to determine whether the affirmative or negative side has more support. Well, have I got the solution for you: the counted vote!

When a counted vote is performed, the protocol for either a standing vote or show of hands (depending on which is more appropriate for the group) is followed. But wait, you might be wondering, what's the difference then?



Well, when performing a counted vote, the chair - or, in some cases, a specially appointed member called a teller - will count exactly how

many people voted for and against the motion at hand. There's no predictions or rough estimates with a counted vote.



Furthermore, when the results of the vote are announced, the chair will announce exactly how many people voted in the affirmative and negative.

A counted vote is almost always held after it is determined that an uncounted vote will not be sufficient in determining the winning side (or, if the chair believes that a vote will be close, they can use a counted vote from the beginning). However, if the assembly wishes for a counted vote and the chair does not initiate one, a member can obtain recognition and make a motion that a vote should be counted.

Now, I know that I just hit you with a bunch of new be voted

information. In order to best illustrate how a vote might go, let's return to our aforementioned scenario.

Lizzie restates the motion to be voted on: "The question is on the adoption of the motion that our chapter takes a field trip to Mars in order to learn how to perform CPR in space. All those in favor of the motion, please rise." After those voting in the affirmative stand, she would repeat the process with those voting in the negative: "All those opposed, please rise." After determining which side appeared to have more votes, the result would be announced: "The affirmative has it, and the motion is adopted. Our chapter will take a field

trip to Mars in order to learn how to perform CPR in space. Is there any further new business?"

At that moment, one of the members who voted against the motion raises their hand. After getting the chair's attention, they dramatically stand and, with an equally dramatic hair flip, announce, "I move that the vote be counted." After they receive a second and the motion to count the vote is voted through, the chair holds a counted vote: "The question is on the adoption of the motion that our chapter takes a field trip to Mars in order to learn how to perform CPR in space. All those in favor of the motion, please rise and



THIS IS A WRAP, BUT THERE IS MORE TO LEARN

TUNE IN NEXT MONTH TO READ MORE ABOUT HOW TO USE PARLIAMENTARY PROCEDURE IN YOU HOSA CHAPTERS



Your calculations should be exact, but not difficult.

remain standing until counted." Once all standing members have been counted, the process is repeated for those wishing to vote in the negative: "All those opposed, please rise and remain standing until counted."

Finally, after all votes have been counted and calculated, the chair makes the final announcement: "There are 32 in the affirmative and 29 in the negative. The affirmative has it, and the motion is adopted." And that's a wrap on the vote!

Speaking of non-sandwich-based wraps, that's also the end of this edition of "Parli Pro With Ryan O." By using the different methods of voting, you can make sure that your membership's wide variety of voices are always heard. Next time, we'll move away from voting and start to discuss the most efficient way to hold chapter elections. I now adjourn this edition of "Parli Pro With Ryan O"!



HAPPY HOLIDAYS AND A HAPPY NEW YEAR FROM ARIZONA HOSA

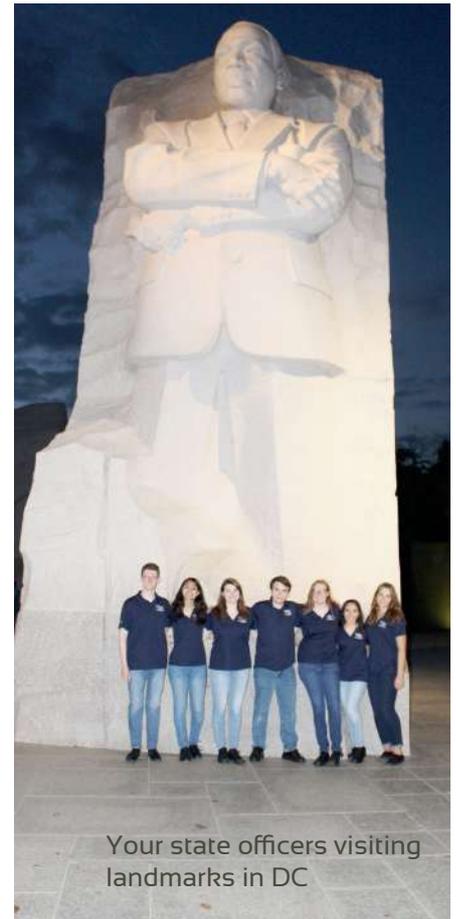
GET EXCITED FOR ONLINE TESTING AND ALL OF THE EXCITING NEW EVENTS COMING UP!

On behalf of Arizona HOSA and the 2017 - 2018 state officers we hope you had a happy holiday season and a great New Year. As we start out the new year we would like to remind you of all of the amazing events coming up for Arizona HOSA.

With online testing just around the corner your state officers would like to wish you the best of luck in your competitions.

Remember that online testing is from January 8th-19th (no testing will occur on January 15th due to MLK day) at your own school. Make sure to be in contact with your advisor about which day you will be testing. The top scores earn the opportunity to compete at the Spring Leadership Conference so make sure you are prepared.

Best of luck!

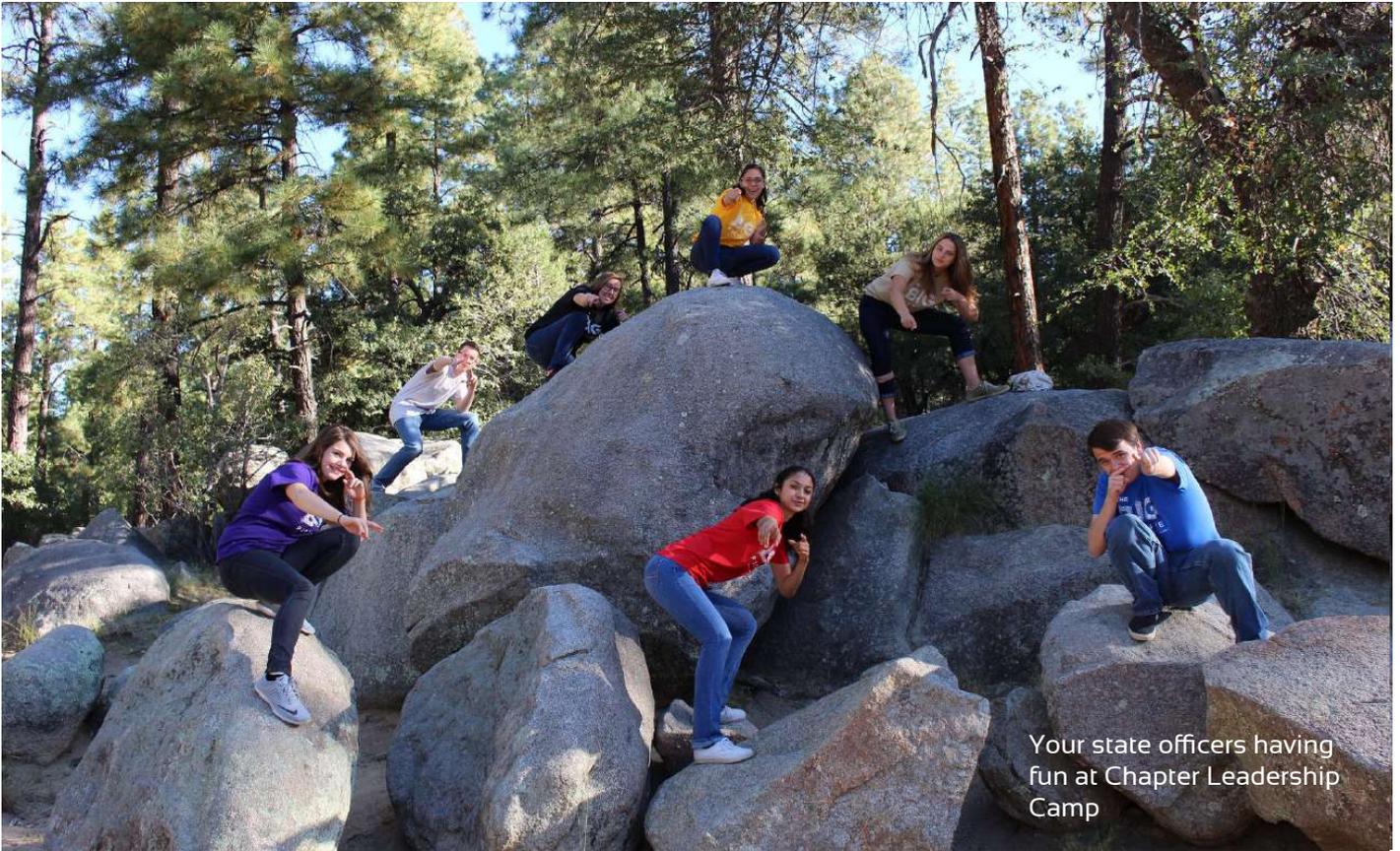


Your state officers visiting landmarks in DC



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TOP ONLINE TESTING SCORES EARN THE OPPORTUNITY TO COMPETE AT THE SPRING LEADERSHIP CONFERENCE SO MAKE SURE YOU ARE PREPARED



ARIZONA HOSA IS EXCITED FOR THE NEW YEAR

PLEASE KEEP THESE DATES IN MIND AS YOU BEGIN TO PLAN OUT YOUR YEAR. WE CANNOT WAIT TO SEE YOU PARTICIPATING IN ALL OF THE AMAZING THINGS PLANNED FOR AZ HOSA THIS NEW YEAR!

January 5th - AzHOSA Jane Shovlin Scholarship and 2018 - 2019 Arizona HOSA State Officer applications are released on www.azhosa.org.

January 8th-19th - Online testing will occur at your school, except for January 15th due to MLK day. *Pre-registration is required.*

January 27th - AzATA Sports Medicine Conference will be happening at the Black Canyon Conference Center in Phoenix. *Pre-registration is required.*

February 19th - 2018 - 2019 Arizona HOSA State Officer applications are due to the Arizona Department of Education Building

February 22nd - AzHOSA Jane Shovlin Scholarship applications are due to the Arizona Department of Education Building

March 3rd - State officer interviews will be conducted at the Arizona Department of Education building.

March 5th - Individual Membership Recognition Awards, pin design submissions, Barbara James Service Awards, and Chapter Award Registration for the Spring Leadership Conference (SLC) are due.

April 2nd - 4th - To wrap up the year the AzHOSA Spring Leadership Conference will take place at the Westin La Paloma Resort in Tucson, Arizona.

UPCOMING YEAR

ARIZONA HOSA SYNAPSE

www.azhosa.org

