PREPARE FOR EVENTS

ARIZONA HOSA
OCTOBER SYNAPSE

LEARN ABOUT WHAT'S HAPPENING IN HOSA

With Chapter Leadership Camp, Fall Conference, and WLA, a lot is happening, so make sure to keep updated!
WASHINGTON LEADERSHIP ACADEMY
SUMMARY

In September, your state officer team attended the 12th annual Washington Leadership Academy (WLA) in the capitol of our nation! While there, the state officer team got to participate in many leadership sessions to help build themselves as leaders for Arizona HOSA. The state officers also had the opportunity to meet and network with many other state officers from across the country and they interacted with representatives from various medical industries. They also met with representatives of Congress and discussed Career and Technical Education funding and the importance of Career and Technical Student Organizations. Your state officers have learned valuable knowledge and are ready to lead Arizona HOSA this year!
TO REQUEST A VISIT, CONTACT OUR STATE PRESIDENT, ADRIAN KWIAKTOWSKI

CONTACT: adkwiatkowski726@gmail.com

YOU MAY BE WONDERING...

WHAT IS A CHAPTER VISIT?

Chapter visits are a great way to get to know your state officers and get great HOSA information! Whether your chapter is small or large, near or far, your state officers want to get to know each and every one of you while introducing the benefits of Arizona HOSA. This year, chapters have the unique ability to personalize their visit to cover topics they are interested in. So, whether your chapter is new or experienced, make sure to request a visit!
HOSA has partnered with the National Pediatric Cancer Foundation (NPCF) for the next 2 years as HOSA’s national service project! So, what are some ways that you can get involved in this organization?

**Become an ambassador!** Becoming an ambassador is the quickest way that you can get involved with the NPCF. As an ambassador, you are able to help fund vital research to help pediatric cancer patients get the treatments they need. Registering is quick and easy! Just visit nationalpcf.org/hosa and click ”Become An Ambassador”. By becoming an ambassador, you will receive resources from the NPCF so that you can begin to raise funds and awareness for pediatric cancer.

**Host a fundraiser or community event with your local chapter.** The National Pediatric Cancer Foundation has tons of resources and ideas for amazing fundraisers which are a great way to get out and meet new people while also raising awareness for the organization. There are also great fundraising ideas in the HOSA Policies and Procedures Manual, Appendix K! Make sure that you get started early, so you have adequate time to prepare, raise funds, and awareness for the NPCF!

**Volunteer for the National Pediatric Cancer Foundation!** The NPCF provides many great opportunities to get involved with the clinical aspect of pediatrics! If you are interested in or looking for volunteer opportunities, please visit the NPCF website for more information!
Members and Chapter Leaders from across the state attended Arizona HOSA's annual Chapter Leadership Camp!

**FROM OCTOBER 4TH-6TH, MEMBERS MET IN PRESCOTT TO HAVE AN UNFORGETTABLE LEADERSHIP EXPERIENCE!**

Members and Chapter Leaders from across the state attended Arizona HOSA's annual Chapter Leadership Camp!
From October 4th to 6th, future health leaders from all around Arizona gathered at Camp Pine Summit for an amazing experience of leadership growth and bonding. Members and chapter officers learned new leadership techniques that they took back to their chapters to implement throughout this year!

From making s'mores with fellow HOSA leaders to learning about different types of etiquette, we hope that everyone that attended enjoyed this leadership experience!
FALL LEADERSHIP CONFERENCE

ARE YOU READY FOR ARIZONA HOSA'S FIRST CONFERENCE OF THE YEAR?

THERE WILL BE WORKSHOPS, SPEAKERS, AND EVEN SOME CASTLES AND COASTERS!
In one month, Arizona HOSA welcomes you to the Phoenix Convention Center West Building to kick off our year with the Fall Leadership Camp.

Come prepared to learn, because there will be opportunities to network with professionals and other HOSA members. There will also be educational symposiums for you to build leadership, professional, and career skills.
MAKE SURE TO CHECK

YOUR EVENT GUIDELINES!

They can be found on the azhosa.org website. Here is a link to an example: the Researched Persuasive Writing and Speaking Event Guidelines.

HTTP://WWW.HOSA.ORG/SITES/DEFault/FILES/18-19%20RPS%20FINAL.PDF

If you are interested in this event, check out the articles on the next page to get a sneak peak into what you will be researching!
INTERESTED IN 3D BIOPRINTING?
RESEARCHED PERSUASIVE WRITING
AND SPEAKING MIGHT BE FOR YOU!

One of the topics for this competitive event this year is on 3D printing organs and the potential benefits and bioethical challenges associated with it. Check out these article and click the links to see perspectives from both sides of these issues!

Use the links below!

tinyurl.com/3DBioPrintPro, tinyurl.com/3DPrintOrganPro,
tinyurl.com/3DBioPrintFuture, 3DBioPrintIssues, 3DBioPrintEthics
LEADERSHIP LOWDOWN

This month we are focusing on how we can use tools to deepen our impact as leaders.

LEADERSHIP AND TECH

How can you use it to your advantage?

Due to the amazing innovations in technology we see everyday, you and your chapter have more opportunities than ever to make an impact. By using these tools, you can work more efficiently, build strong teams, and connect your members.

First, technology allows you to work smarter and not harder. From chrome extensions, to mobile applications, to new websites, exciting ways to automate and improve your work are being created everyday. We highly suggest you explore the tools available to you, and always keep a lookout for new ones. To get
Technology has some wonderful benefits. Use it to impact others.

Effective leaders utilize tools in order to be successful and help others succeed. Share the tools you use at your chapter with Arizona HOSA!
MAKE A BIGGER IMPACT

Are you using all your resources?

you started here is an article with some ideas: https://tinyurl.com/WorkSmartHOSA

Another great way to utilize technology is to make stronger teams. Within your chapter leadership or committees, using the right tools can help get you all on the same page. Every HOSA member has unique and important ideas, so it’s important that everyone can work together. Consider creating a shared google drive, maybe find a tool that allows you to link your team’s calendars, or even better yet, find a tool that creates a shared to do list. Incorporating these technologies into your teams will increase accountability, your ability to collaborate, and your influence to create a better HOSA experience.

Finally, you can lead with technology by connecting members. Creating social media accounts and websites for your chapters allows you to reach even more people. By expanding your reach you will be able to spread the benefits of HOSA to an even larger community. We challenge you to research how you can safely and effectively use tools like social media platforms, analytics, and design tools. Share with us how you used them to Map Your Moments!
Past State Officer Interview

The 2017-2018 Parliamentarian
See where Ryan O'hara is at now

LEARN HOW HOSA INSPIRES OTHERS

1. What was your position during your term as a state officer and what were your responsibilities?

I served as last year's Parliamentarian. My primary unique responsibility was writing monthly articles about parliamentary procedure ("Parli Pro With Ryan O") for the Synapse, but I also did a lot of other general state office tasks (performing chapter visits, running webinars, writing posts for social media, planning for AzHOSA's major events, etc.).

2. What was your favorite HOSA event to attend?

I feel like everyone says this, but my favorite HOSA event was ILC. It was so much fun being able to spend the week in Orlando (my favorite ILC location thus far), go to Universal Studios, and meet other HOSA members from all around the world! Plus pin trading was pretty cool.

3. What event do you compete in?

I competed in extemporaneous writing for 2 years (and placed top 10 at ILC one of those years), and competed in HOSA Bowl once (we placed 3rd in the state). I would definitely recommend both of them!

Extemporaneous writing was a great way for me to put my writing skills to the test, and HOSA Bowl was a fun, intense way for my team and I to showcase our general
"HOSA HAS HELPED SHAPE THE PERSON I AM TODAY"

healthcare knowledge (think team Jeopardy! or quiz bowl).

4. What do you do outside of HOSA? I do a lot outside of HOSA! I just started college, where I'm heavily involved in several social and research clubs for my majors—neuroscience / cognitive science and astronomy—and I do research on ALS on campus. In my free time, I try and get an hour or two of piano practice in each day (I've been playing for the past 7 years), swim, and do a lot of creative writing. I also recently got my scuba license, so I hope to make that a regular activity.

5. What are your current career goals? How did HOSA help you achieve them? My dream job is to be a flight surgeon for NASA, but my current career-related goal is to get into medical school. HOSA has helped me by exposing me to a wide variety of resources (other people interested in the healthcare field, mentors, etc.), educating me about the pre-med/medical school process, and teaching me the leadership and social skills needed to be successful in such a competitive field. My time as both a member and a state officer has really helped shape the person I am today.

6. What is something not many people know about you? I've swam the 2 miles from Alcatraz to San Francisco. As I learned firsthand, there aren't actually any sharks in the water; it's just really cold.
Hello Arizona HOSA!

Welcome to this month’s edition of “Patel-iamentary Procedure”! In last month’s article, we discussed some critical basics of parliamentary procedure including debates and voting. In this month’s edition, we will first discuss postponing and when you can postpone until, and why you might postpone. We will then discuss different type of committees, when they are needed, and how to create one if needed. We are now ready to begin! I call this third session of “Patel-iamentary Procedure” to order!
You may be in a meeting and feel that you want to postpone a motion for some reason. It could be that there is not enough information on it, the meeting does not allow the time to thoroughly debate the motion, or any other reason that you may think of. There are many different reasons that a motion can be postponed, but the process must be followed to ensure that it is properly postponed. The proper way to postpone a motion is as follows: “I move to postpone the motion....”

A motion in this manner is known as a motion to Postpone to a Certain Time. A motion can be amended as well, for example, to change the time to postpone it to. You may also debate whether or not a motion should be postponed using standard debate guidelines. It is important that the actual postponing is debated in this case, and not the motion itself.
WHEN TO POSTPONE TO?

- A later time during the meeting that is already in progress.
- You cannot postpone to a meeting past the next regular meeting.
- You also cannot postpone a meeting past the third month after the present month.

-EX: If the meeting occurs in August, a motion cannot be postponed past November.
If you feel that it would benefit the chapter to allow a smaller group of people to look over or redraft a motion, you can establish a committee. However, in order for a committee to have any control over a motion, the following must be done first:

- A motion to Commit (refer to a committee)
- The committee it is being referred to should be identified in the motion.
- It can also include specific instructions that the committee must follow, but this is not necessary.
- The motion must pass with a majority vote.

Now that the motion has passed, it will move to a committee. There are two types of committees that the motion can go to:

1. Standing Committees: These committees are continuously existing committees that handle more broad subject matters (education, membership, financial, etc.). If the motion falls under one of the subjects of the standing committees, then it will go there.
2. Special Committees: These committees are created for one task only, and then they will be dismantled once the motion is voted on. These are created when the motion does not fall under a standing committee and needs its own committee.
1. Standing Committees: The members of standing committees are usually included in your chapter’s bylaws. In most cases, the bylaws have the president appoint members and chairmen for committees, or they have the members voted on at the same meeting where chapter officers are elected.

2. Special Committees: There are several ways that members can be chosen if a special committee was just created. The most common way is that the presiding officer will choose the members of the committee. Sometimes, the motion may even be made to include the names of persons that will be on the special committee.

Committees are often times necessary for projects that may be new to your chapter or where there may isn't much information, so it is essential that your chapter properly interpret the situation and make a motion to commit!
That concludes October’s edition of “Patel-IAMENTARY PROCEDURES”! As the year progresses, we will begin to dive deeper into the smaller details of Parli Pro, so it is important that you take your time learning a few things at a time. In this edition, we discussed how postponing and committees can play a vital role in a meeting. It is important to know how they work and the procedures for each of them so meetings can be run as smoothly as possible. Be sure to keep postponing and committees in mind at your next chapter meeting. You might need them! With that, I now adjourn this edition of “Patel-IAMENTARY PROCEDURE”!

Until next time!
If you haven't already, make sure to go to our website and subscribe!

THE LINK IS AVAILABLE AT THE BOTTOM OF AZHOSA.ORG

We thank you all for your commitment as HOSA members!