

SYNAPSE



VOLUME 9 ISSUE 5 July 2017

THE FRONTLINE OF HEALTH

Arizona HOSA is so proud of our representation at the recent HOSA International Leadership Conference. Look inside for more info and upcoming news!

MEET YOUR 2017-2018 AZHOSA STATE OFFICERS



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WANT TO
KNOW
MORE?

Full bios
can be found
at azhosa.org
under "Governance"

Chapter visits will be
available starting in August!

Book one by emailing your regional vice
president or azhosa@gmail.com



A Tribute to Jane Shovlin

A teacher, a nurse, an advisor, an innovator, a role model, and a leader amongst leaders, Mrs. Jane Shovlin is much more than just the Arizona HOSA state advisor. After 12 years of dedicated service to HOSA - Future Health Professionals Mrs. Shovlin is preparing to enjoy a well deserved retirement. While Arizona HOSA is sad to say goodbye to the only state advisor we have ever known, we are grateful for her selfless service to the organization we all love. The impact that she has left is one that will not be forgotten, and one that we promise to preserve. Mrs. Shovlin reminds us that there is always a light at the end of the tunnel, and to put heart into everything you do. Her kind heart and vibrant spirit has built Arizona HOSA to what it is now, and we promise to continue building upon the foundation you have laid for us. She is the prime example of what it means to be a servant leader, and Arizona HOSA could not be more grateful for her and her amazing heart. We wish her only the best as she moves on to her next adventure.

Thank you.



Past State Officer Interview: Kyle Kline

What was your position(s) during your term as a state officer and what were your responsibilities?

During my time as a state officer, I had the honor to serve Arizona HOSA for two terms. My first term was from 2015 to 2016 where I served as the Arizona HOSA Region 2 Vice President, and the second was from 2016 to 2017 where I was able to serve as Arizona HOSA's State President. In my first term, I was responsible for connecting with both the members and advisors of HOSA, fulfilling any needed duties as assigned by the president, and presiding over any activities in the absence of the president. As State President, I was responsible for leading the state officer team, acting as the student representative for Arizona HOSA at all official meetings, and leading all state conferences and functions such as our Chapter Officer Leadership Camp, FLEX, and SLC.



Why did you join HOSA?

At first, I joined HOSA because it seemed like a fun club that all of my friends were in. Over the years however, I soon came to realize that HOSA is a professional organization that can provide its members with limitless opportunities to grow as both professionals and leaders. It soon became so much more than an extracurricular and began opening doors I never could have imagined.





What would you suggest to someone considering state office?

Go for it! Becoming a state officer is a life changing experience and I recommend that anyone interested take a look at the application. From traveling to Washington D.C. for the Washington Leadership Academy to meeting HOSA members across the globe, my experiences in HOSA have formed me into the person I am today and continue to allow me to grow. From better understanding the differences in leadership style, and more clearly defining things like empathy and compassion, my HOSA terms were an eye opening experience. Arizona HOSA wants to extend that opportunity to all of its members - why not you?

What was AzHOSA's theme when you were a state officer and what did it mean to you?

For my first term the theme was Share Your Cellfie, and my second was Operation Leadership. Share Your Cellfie was meant to encourage members to identify, foster, and embrace their natural leadership strengths and weaknesses. We wanted to help members to step up and lead no matter their style. Operation Leadership helped to highlight the collaborative effort of medicine and how we need to work together not only as health professionals but as leaders to reach new heights.

Why did you run for office?

I originally ran for HOSA state office after seeing the amazing leaders who came before me. The 2014-2015 State Council impressed me so much with their professionalism, hard work, and leadership skills that all I could think was "I want to be like them." So I went for it! After being elected for my first term I learned so much more about leadership, service, and even myself than I ever thought I would and that sparked my desire to keep serving Arizona HOSA.

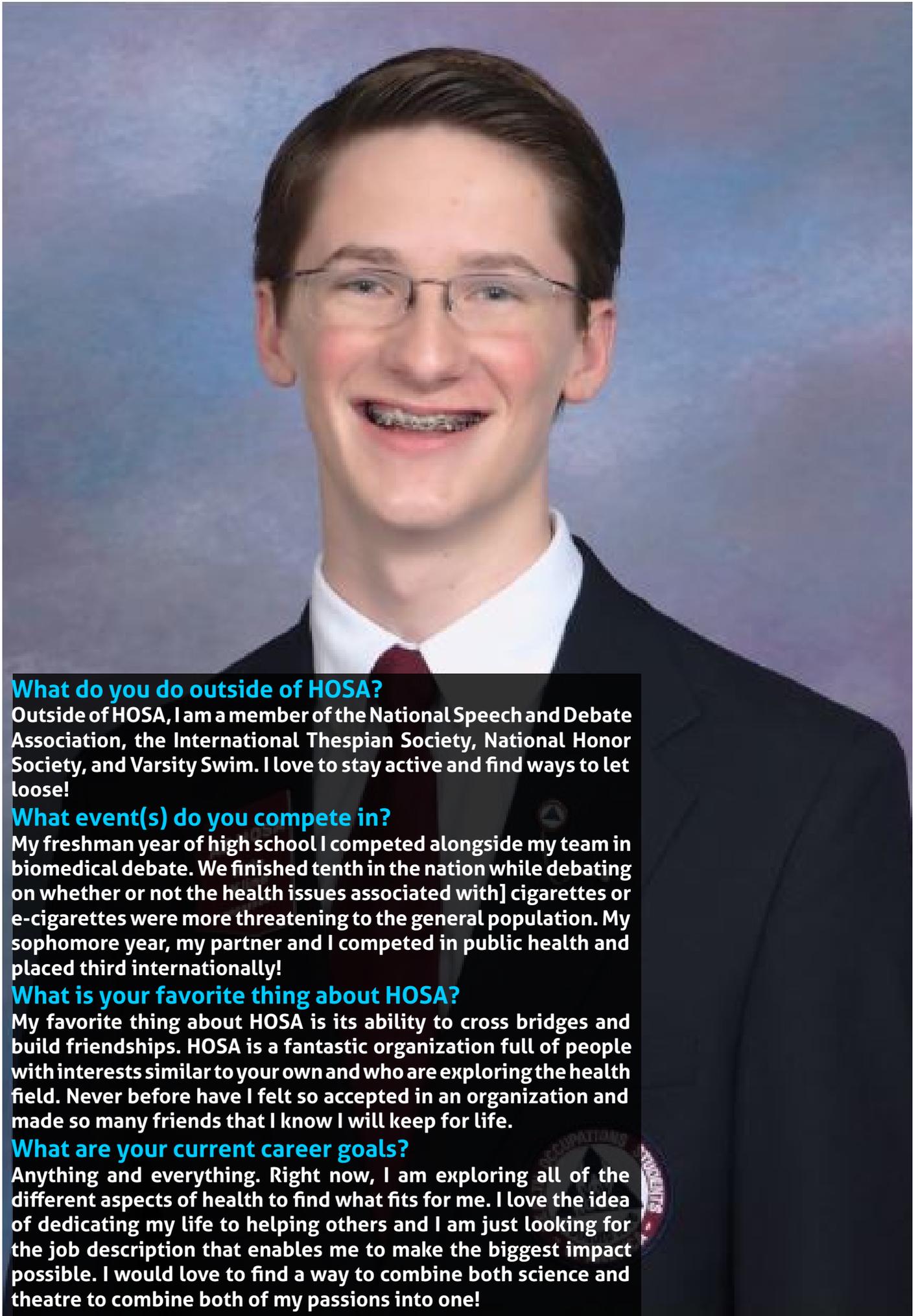
What is your favorite HOSA memory?

My favorite HOSA memory is definitely traveling to the Washington Leadership Academy (WLA) with my fellow officers. It was the most enlightening experience I have ever had and allowed me to think about leadership in a new light. From touring the national monuments, to networking with other state officers, and even getting to meet our own congressional representatives, WLA was a chance to continue growing as a leader and to cement bonds that would last a lifetime.

What is something not many people know about you?

Many people may not know that I absolutely LOVE fruit. Any kind, anywhere, any time. Fruit is my main food group and I don't expect that to change anytime soon.





What do you do outside of HOSA?

Outside of HOSA, I am a member of the National Speech and Debate Association, the International Thespian Society, National Honor Society, and Varsity Swim. I love to stay active and find ways to let loose!

What event(s) do you compete in?

My freshman year of high school I competed alongside my team in biomedical debate. We finished tenth in the nation while debating on whether or not the health issues associated with] cigarettes or e-cigarettes were more threatening to the general population. My sophomore year, my partner and I competed in public health and placed third internationally!

What is your favorite thing about HOSA?

My favorite thing about HOSA is its ability to cross bridges and build friendships. HOSA is a fantastic organization full of people with interests similar to your own and who are exploring the health field. Never before have I felt so accepted in an organization and made so many friends that I know I will keep for life.

What are your current career goals?

Anything and everything. Right now, I am exploring all of the different aspects of health to find what fits for me. I love the idea of dedicating my life to helping others and I am just looking for the job description that enables me to make the biggest impact possible. I would love to find a way to combine both science and theatre to combine both of my passions into one!



ILC Opening Session

Recognition Session

Miss ILC?



Post Secondary Grand Awards

Middle School/Secondary Grand Awards

You can STILL WATCH OPENING, CLOSING, RECOGNITION, AND THE AWARD SESSIONS BY CLICKING ON THE IMAGES ABOVE!

SYMPTOMS OF SUCCESS





HOSA encourages members to pursue their dreams and strive for success!

AzHOSA is starting a new section in the monthly synapse known as "Symptoms of Success." This column will be dedicated to furthering the successes of HOSA members, answering questions, and offering advice. This month's edition of the symptoms of success is dedicated to the seniors. If you click the image, it will take you to an article for rising seniors. And remember HOSA does not have to stop when you finish high school. HOSA members can join a postsecondary/collegiate chapter and sign up to be a HOSA alumni at <http://www.hosa.org/node/36>.

Click the photo on the left for the article on tips for graduates!



Parli Pro With Ryan O



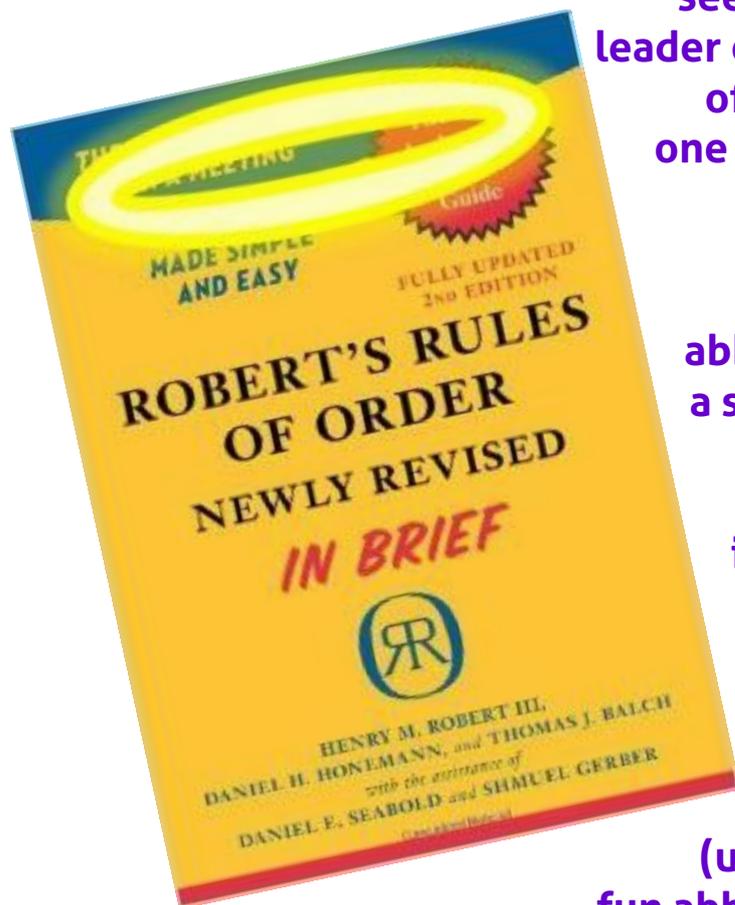
Hello AzHOSA members, and welcome to the first edition of "Parli Pro With Ryan O!" My name is Ryan O'Hara, and I am serving as your state parliamentarian throughout this next year. Through this monthly series, I hope to teach you all about the ins and outs parliamentary procedure in comprehensive, easily digestible sections. Without further ado, I call this first session of "Parli Pro With Ryan O" to order!

Have you ever been in a meeting where nothing seems to go well? Was there no designated leader or order? Did no one have a specific plan of action? Was everyone just yelling over one another without getting anything done?

If so, have I got a solution for you: *parliamentary procedure!* In short, parliamentary procedure (commonly abbreviated as parli pro) is a name given to a set of rules that help to govern a meeting and make certain that business can be conducted. That's it! It's a very

intimidating and long term with a simple purpose. The *parliamentary authority*, another mouthful of a term, is a book of rules that dictate the parliamentary procedure used by an organization.

HOSA's parliamentary authority (unfortunately, unlike parli pro, there's no fun abbreviation for parliamentary authority) is Robert's Rules of Order, Newly Revised, but there are several other parliamentary authorities used by other organizations.



As you'll quickly come to learn, Robert's Rules is a lifesaver; without it, there would be absolutely no order in HOSA meetings! If at any point you wish to learn more about *parli pro* and go in-depth on the topics that I cover in these articles, make sure to check out Robert's Rules for yourself (which comes in two editions; a brief edition, as seen above, and a full edition, which is the size of a large dictionary).

But none of this matters if you don't have a person to run the meeting and make sure that *parli pro* is followed. This is where the *chair* comes in... not the chair seen below, but the chairperson! The chair is a person elected to run a meeting and make certain that the parliamentary authority is followed. They are commonly elected to serve a term of a year or more, in which case they are given a special title: *president*.

As anyone who's been to an extracurricular meeting knows, it is very rare for every member to attend every meeting. However, it is also



unfair for business to be conducted and decisions to be made by a minority of members. This is why *quorum* exists. Quorum is the minimum number of members who must be present at a meeting in order to make any decisions. For instance, a HOSA chapter may have a quorum of 15 members. If less than 15 members are in attendance at a meeting, business cannot be conducted at that meeting (but more on that in a later edition).

In order to most efficiently run meetings, a *standard order of business* should be followed. As the name implies, the order of business is the order in which events are carried out during a meeting. On the next page, I set up a chart which describes the most common order of business. If your HOSA chapter does not currently have a standard order of business, I would highly recommend using the one provided.



Reading and Approval of Minutes	Another officer, often the secretary, reads the minutes from the previous meeting. The minutes contain a record of all business conducted during that meeting. Minutes must be approved by the membership in order to be considered an official record of said meeting.
Reports	Other reports are read by various officers, boards, and standing committees (more on those later). Reports are oftentimes used to deliver information to the membership (i.e. the Treasurer's Report may be read to inform members of the chapter's financials).
Unfinished Business	Unfinished business is used to describe any business from the previous meeting that has yet to be discussed or voted upon (more on that in next month's article). The chair will often bring unfinished business up automatically.
New Business	Any new business that has yet to be discussed by the assembly can be brought up at this point. The specific way that new business is brought up and discussed will be covered in next month's edition.

But the order of business isn't all that's needed to make certain a meeting runs well. Every meeting should also follow an *agenda*. An agenda will often be used to list the specific items that will be discussed during a meeting, while also mirroring the standard order of business. Many chapters will find agendas to be helpful as they are more specific, and often contain more events (such as the Pledge of Allegiance and call to order), than a standard order of business.

Once all business has been addressed, the meeting may be *adjourned*. When a meeting is adjourned, all business is completed. A meeting may also be stopped for a short break, called a *recess*, or a brief pause in proceedings, called *stand at ease*. A recess must be voted upon before it is carried out, but a stand at ease can be announced by the chair at

- I. Opening Ceremonies
 - A. Call to Order: 2:25 PM
 - B. Pledge of Allegiance
- II. Adoption of Agenda
- III. Reading and Approval of the Minutes
- IV. Reports
 - A. Treasurer's Report
 - B. Fundraising Committee Report
 - C. Community Service Committee Report
- V. Unfinished Business
 - A. Consideration of Taking a Field Trip to the Moon
- VI. New Business
- VII. Announcements
 - A. Next Meeting: Friday, July 14th
 - B. Clothing Drive: July 17th - July 21st
- VIII. Adjourn

In order to best understand the distinction between the order of business and the agenda, I've created a mock agenda above. Note how the agenda contains several items not found on the order of business.

That covers just about everything! Hopefully, you learned a bit about the basics of parli pro and understand the differences between the order of business and the agenda (as well as how both can be used to organize a meeting). Next time, we'll talk about motions and voting on different points of business. With that, I now adjourn this edition of "Parli Pro With Ryan O!"

PARLIAMENTARY AUTHORITY
 RECESS
 CALL TO ORDER
 ORDER OF PROCEDURE
 PRESIDENT NEW BUSINESS
 ADJOURN QUORUM
 PARLIAMENTARY PROCEDURE
 CHAIR
 STAND AT EASE
 ROBERT'S RULES OF ORDER
 REPORTS
 UNFINISHED BUSINESS



ILC TOP 10

Middle School

Health Science

Medical Reading
Breania (10th)
Medical Terminology
Blackwell (8th)
KT - Health Career Exploration
Roseborough (7th)
Causer (8th)

Leadership

Prepared Speaking
Blackwell (10th)
Speaking Skills
Pacheco (2nd)

Teamwork

Health Career Display
Prado, Herrera Benito; Glendale
Landmark MS (9th)
Health Education
Reed, VanAusdal; Queen Creek MS
(5th)

Postsecondary/ Collegiate

Health Science

KT - Pharmacology
Alexander (2nd + \$500 scholarship)

Health Professions

Clinical Specialty
Covert (2nd)
Valenzuela (5th)
Home Health Aid
Ortiz (2nd)
Casas (3rd)
Medical Assisting
Clarke (2rd)
Bustamante-Arvalo (4th)

Leadership

Healthy Lifestyle
Aguilar (6th)
Prepared Speaking
Santa-Cruz (1st)

Teamwork

Health Education
Mohamed, Hussein, Coleman, Magar;
Pima County JTED - PS (4th)

Secondary

Health Science

KT - Nutrition
Chen (2nd)
Lim (6th)
Tran (8th)

Health Professions

Clinical Specialty
Blandin (3rd)
Ameneni (10th)
Home Health Aid
Tang (9th)
Medical Assisting
Rapalo (6th)
Nursing Assisting
Fried (1st)
Personal Care
Vasquez (2nd)

Leadership

Extemporaneous Health Poster
Outhenthanyanya (5th)
Dahir (10th)
Extemporaneous Writing
Johnson (7th)
Health Career Photography
Nino (5th)
Researched Persuasive Writing and
Speaking
Leshner (10th)
Speaking Skills
Hall (10th)

ILC TOP 10

Recognition

Health Care Issues Exam

Cherian; Ironwood HS
Karimi; Dysart HS
Masny; Willow Canyon HS
Fry; Mountain View HS - Bio

Barbara James Service Award Gold

Javier Esparza A EVIT - MA
Adriana Vega Benitez EVIT - MA
Brittany Franke Paradise Valley HS -
CREST

Silver

Ana Juarez Hernandez Glendale Union HS
Vladimir Steward, Westview HS
Ward Abduirazzaq Copper Canyon HS
Nicholas Boria Paradise Valley HS- CREST
Mathwe Lay Glendale Union HS
Jessica Sandoval West MEC NE MA
Angelica Ariza EVIT DA
Pratistha Lodha Paradise Valley HS-
CREST

Bronze

Melissa Vega, Glendale Union HS
Raquel Ramirez Glendale Union HS
Dragana Jankovic Glendale Union HS
Courtney Fried Paradise Valley HS
Rebecca Jones West MEC SW MA
Breon Hilliard Glendale Union HS
Elina Landeros West MEC- Vet Asst
Rubi Sanchez Glendale Union HS
Marlen Rangel, EVIT NA
Jonathan Navarro Glendale Union HS
Jasmine Delgado Paradise Valley HS
Remi Lopez Westview HS
Rachel Nava Paradise Valley HS
Morgan Fox Paradise Valley HS - CREST
Blake Samsill Paradise Valley HS
Nicole Benjamin West-MEC NE MA 2
Yara Vasquez Glendale Union HS
Neyla Escudero-Rios EVIT A&P
Shireen Kimbell West-MEC NE MA
Matthew Orocio-Herrera West-MEC NE MA
Jaqueline Gonzalez Paradise Valley HS

Kaylyn Petersen Paradise Valley HS
Krystal Garcia Perez Paradise Valley
HS
Chacon, Erica Glendale Union HS
Alvarado, April Paradise Valley HS
April Alvarado EVIT MA
Elena Juarez EVIT MA
Autumn Childers Westview HS
Johnathan Barron Westview
Vashti Holmes Glendale Union HS
Nadia Croston Glendale Union HS
Ariana Kelley Glendale Union HS
Brynn Welsh West-MEC NE MA
Luis Peraza- Ortiz Westview HS

HOSA Chapter Reflections

Glendale Union HS
Paradise Valley HS - CREST
Paradise Valley HS
Paradise Valley HS
Sierra Linda HS
West-MEC NE MA
West-MEC NE Pharm
West-MEC Vet Assist

MRC Volunteer Recognition

Deja Smith; Glendale Union HS

National Service Project

Merit
EVIT A&P
Pueblo HS
Westview HS
Recognition
Paradise Valley HS
Verrado HS

HOSA Happenings

CAVIT
Paradise Valley HS
West-MEC NE MA

Outstanding State Leader

Kyle Kline; Paradise Valley HS - CREST

2017-2018 AzHO

July 15-19, 2017	ACTEAZ Summer Profe
September 10, 2017	Camp Registration Dea
Sept 28-30, 2017	Chapter Leadership Ca
October 8, 2017	Deadline for FLEX Regi
November 1, 2017	All AzHOSA Chapters R
November, 8, 2017	FLEX Conference, Phoe
January 5, 2018	Deadline for Online Te
January 5, 2018	AzHOSA Scholarship Ap
January 5, 2018	AzHOSA State Officer A
January 8-19, 2018	Online Testing
February 19, 2018	AzHOSA State Officer A
February 22, 2018	AzHOSA Scholarship Ap
January 27, 2018	AzATA Sports Medicine
	Conference Phoenix, A
March 3, 2018	State Officer Interview
March 5, 2018	SLC Registration Deadl
March 5, 2018	Individual Member Rec
March 5, 2018	Chapter Awards Deadl
April 2-4, 2018	Spring Leadership Conf
May 10, 2018	NLC Registration Deadl
June 20-24, 2018	National HOSA Confer

OSA Calendar of Events

Professional Development, Tucson, AZ

Deadline

Prescott, AZ

\$150.00

Registration

Required paperwork due

Phoenix, AZ

\$35.00

Testing Registration

Application Opens

Application Available

\$3.00/test

Applications Due

Application Due

Statewide Regional

AZ

\$50.00

Phoenix, AZ

Line

Cognition Deadline

Line

Conference, Tucson, AZ

\$65.00

Line

Conference, Dallas, TX



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