CERT Skills

Arizona HOSA Event Guideline Supplement

Team Event: 2 competitors

THIS EVENT HAS AN ONLINE QUALIFYING TEST
NO DIGITAL UPLOAD REQUIRED

Ask your local advisor for the testing window, location and instructions.

This supplement is written exclusively for Arizona HOSA events.
Use this checklist with the official event guidelines and scoring rubrics.

Conference	Event Offered	Required Upload Deadline	Details at a Glance
Regional Leadership Conference (RLC)	NO	N/A	**Not applicable:** Qualify for SLC through the online test, then qualify at SLC for ILC.
Online Test	YES	None required	**Round 1:** Test individually at school during the Arizona testing window. **Advancement:** Top-performing teams qualify for SLC. Your advisor receives results.
State Leadership Conference (SLC)	YES	None required	**Round 2:** Qualified teams complete the skill assessment using the official guidelines. **Advancement:** Qualifying top scores advance to ILC.
International Leadership Conference (ILC / nationals)	YES	None required	**Round 1:** Complete the test. **Round 2:** Top-scoring teams advance to the skill assessment. See official guidelines for ILC procedures.

Required Documents and Materials

Bring to state and nationals. No documents need to be uploaded.

☐ Photo ID for each teammate and two nonmechanical #2 pencils.

☐ PPE for EACH teammate: 10 pairs of non-latex exam gloves, goggles or safety glasses, and 2 masks of your choice. Helmet, work gloves and sturdy shoes or boots may be simulated or verbalized.

☐ Disaster kit: sterile gauze squares, roller bandages, trauma dressing, non-stick sterile dressing, and bandage scissors or medical shears.

☐ Patient tags (note cards), triage tape, plain paper or note cards, and a pen or marker for documenting and labeling treatment areas. Patient tags must NOT be preprinted.

☐ Alcohol-based hand rub. Optional: clipboard or spiral notebook. You may bring your own tourniquet; HOSA also provides one.

Arizona HOSA supplies additional equipment needed for the selected skills. Some steps may need to be simulated or verbalized because of available equipment or space.

Forgot supplies? Ask another chapter to share. If supplies are still unavailable, report to compete and verbalize the affected steps, following event staff directions.

Dress code: Wear clothing appropriate to the occupational area for the skills assessment. Review the official dress rules and Appendix D.

Complete the online test

☐ Ask your advisor to register your team and arrange an approved proctor. Schedule your school testing session within the published Arizona HOSA testing window.

☐ Teammates should test at the same time, but must take the test independently. Do not work together. The computer test allows 60 minutes from when you press Start.

☐ Your proctor receives access information. After testing closes, your advisor receives qualifying results. If your team qualifies, register for SLC. If you do not qualify, choose another SLC event with your advisor.

Missed the online test? You cannot compete in CERT Skills at state. Your team must complete the online test and qualify for SLC.

Advisor and proctor requirements: The proctor cannot be a current HOSA advisor for any chapter. Before receiving testing access, the proctor must be registered as a proctor and submit the signed confidentiality agreement to Arizona HOSA.

Prepare for the skills assessment

☐ Study the official event guidelines, listed references and skill scoring sheets. Practice every skill; state and nationals may select different skills. The scenario is a secret topic until competition. Do not share it before the event ends.

☐ Practice completing skills in sequence. The scenario may combine skills, with time limits adjusted as needed. Perform available steps and verbalize or simulate steps when equipment is unavailable, as directed.

☐ Bring only the permitted supplies into the competition room. Leave study materials outside.

What to do at state

☐ Arrive at the event room at the START of the posted event time frame. Check in with the Event Manager and show each teammate's photo ID.

☐ Receive your appointment time and stay at the event room; the event may run early. Staff will escort your team into the competition room.

☐ Follow the Round Two instructions and scenario. A live patient may be used; treat the person as a patient who may know little about the skills.

☐ Stop when time is called and leave when staff dismisses you. Complete the event survey and leave the competition area.

How to advance to nationals

Online test to SLC: Your team must qualify through the online test. CERT Skills is not offered at regionals.

SLC to ILC: Earn a final score of at least 70% after all event components and penalties. The top 5 qualifying teams are recognized; the top 3 advance. Fourth and fifth place may serve as substitutes.

Secondary and postsecondary teams are ranked separately. Your SLC score does not carry over to ILC.

Official guidelines and scoring rubrics

HOSA event guidelines — select CERT Skills under Emergency Preparedness Events. Review the full guidelines, references and scoring sheets.

Your advisor can find testing details on the Arizona HOSA Online Testing webpage and the testing window on the Arizona HOSA Calendar of Events.