



AZ HOSA SYNAPSE

Happy Holidays Arizona HOSA!

VOLUME 9 ISSUE

December 2017



Thank you!

On behalf of the 2017-2018 State Officer team we would like to thank you for another wonderful Fall Leadership Extravaganza. It was great to see so many chapters from all across Arizona come down to represent HOSA. Your professionalism and commitment to this organization did not go unnoticed and we would like to thank everyone that came out. We cannot wait for next the conference!

Happy Holidays



On behalf of your 2017-2018 Arizona HOSA State Officer Team, we would like to wish you Happy Holidays and a Happy New year! As 2017 comes to an end, we would like you to take a moment to think about the kind of year you have had, and the kind of year you want 2018 to be. As you are thinking about the future, we hope that Arizona HOSA continues to be a part of that future. Arizona HOSA has an incredible membership, and we hope to see you all at our future conferences, submitting applications for state office, applying for scholarships, and remaining active members of your local chapters.

Remember to enjoy this season and appreciate the time with your families and friends. Your state officers look forward to seeing what your chapters do next!

Parli Pro with Ryan O

Hello Arizona HOSA, and welcome to this month's edition of "Parli Pro With Ryan O" I am your state parliamentarian, Ryan O'Hara. This monthly series aims to teach each and every member the ins and outs of parliamentary procedure through short, easily understood articles. With that, I call the sixth session of "Parli Pro With Ryan O" to order!

- A motion to postpone is used to postpone consideration of any main motion. When a motion to postpone is passed, debate on the motion in question will be moved to a different point in time.
- A motion to refer is used to move a main motion into a specific committee. This is good if you want a committee to discuss or debate the motion before bringing it before the entire assembly.
- There are two major types of committees: standing and special. Standing committees are often permanent, while special committees exist for a specific fundraiser or event.

As you've probably figured out by now, voting is one of the most important tools a chapter has at their disposal to complete business and get stuff done. At its core, voting allows a wide variety of people to express their opinions and make sure their voices are heard when making a decision. However, in order to make certain that voting is run efficiently, it's important to understand several major concepts.

consequat rhoncus. Nulla at nulla dolor. Etiam vitae

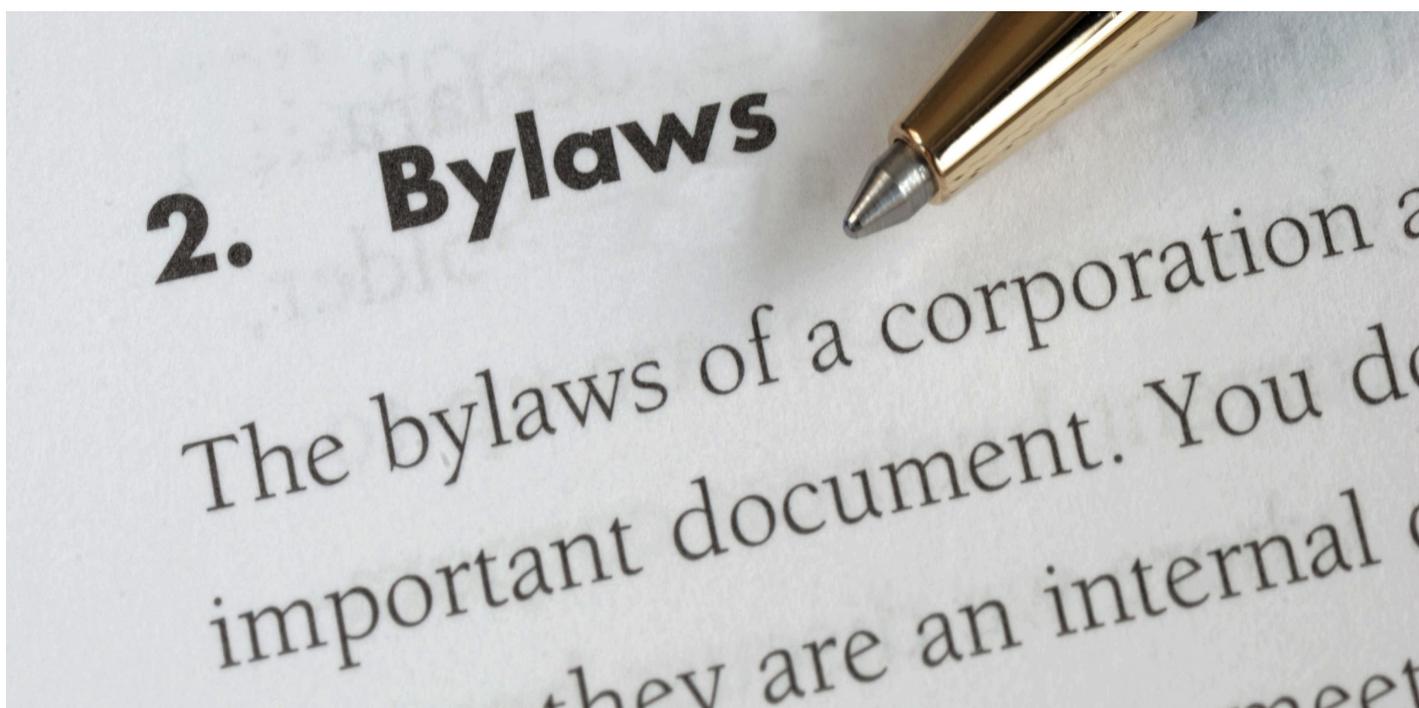
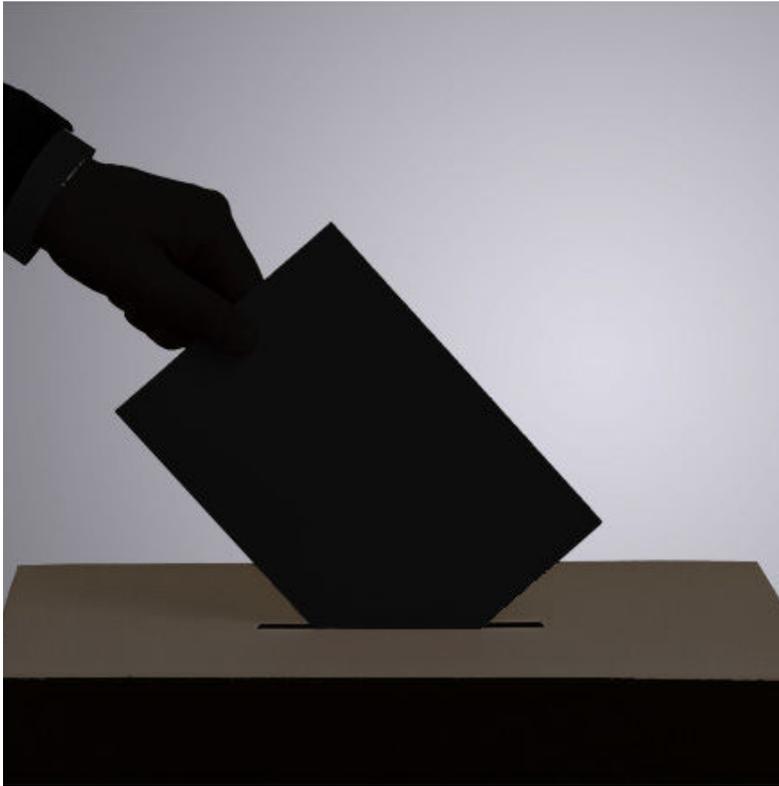




In most cases, a majority vote is required to adopt a motion. However, regardless of the type of vote used, a quorum must be present.

As the name would imply, a majority vote requires the votes of more than half of a chapter's members who are capable of and choose to vote. Notably, this does not include any members on probation who are unable to vote, members who are not in attendance, and members who abstain, or choose not to vote. A two-thirds vote is also used in some situations; much like a majority vote, it requires a specific number of votes from voting members. However, unlike the majority vote (as you've probably guessed), a two-thirds vote

It is important to be aware that, in some cases, a vote may require a majority of the entire membership.





The Types of Voting

requires two-thirds of the available votes rather than a majority. The specific uses of both of these types of votes is further detailed within a chapter's individual bylaws, but two-thirds votes are typically used when changing the limits of debate, while a majority vote is used to pass motions and vote members into office.

Occasionally (especially for those currently taking a government class), you may see the term plurality voting come up in contrast to a majority vote. In a plurality vote, which only occurs when there are three or more candidates, a winner is determined based on who receives the most votes, even if they do not receive a majority. Despite the fact that plurality votes are often used in American

politics, they are not considered sufficient under Robert's Rules. For instance, imagine that Ryan, Lizzie, and Kyle are running for chapter president. Out of 100 votes, Ryan receives 48 votes, Lizzie receives 3 votes, and Kyle receives 49 votes. Despite the fact that Kyle received the most votes, he did not receive the majority of the votes, thus another vote must be carried out.

Finally, it is important to be aware that, in some cases, a vote may require a majority of the entire membership. As you may have figured from the name, a majority of the membership requires a majority vote... from the entire membership. Unlike a simple majority, a majority of the entire membership encompasses all members of the chapter who are capable of voting, regardless of whether they are at the meeting or not.

Unanimous Voting

Instead of restating the motion and holding an official vote, the chair can simply ask the assembly if anyone has any objections to the action at hand. If no objections are stated, then the action can be automatically passed.

Unanimous consent is a parliamentary move that can be used by the chair to bypass the majority of the voting process.



objects during the process of unanimous consent, then the chair must go through the regular process of voting.

Speaking of, it is important to understand when the chair and the membership can and cannot vote on an issue. Unless a member is prohibited from voting via the chapter's bylaws, they can vote on an action. The only time that a member could be prohibited from voting is if they have a conflict of interest in the current matter. However, even if this is the case, a member cannot be forced to refrain from voting. The chair, meanwhile, should refrain from

For instance, Lizzie (the current chair at our hypothetical meeting) wants to move funds from one committee to another in order to fund our hypothetical chapter's hypothetical trip to Mars. However, she has forgotten how to properly carry out a vote and does not have time to look up the process. Instead, she can use unanimous consent and ask: "Is there any objection to \$500 being moved from the fundraising committee to the Mars committee?" She will then pause and, so long as no member vocally objects, can continue by stating: "The chair hears no objection, and \$500 has been moved from the fundraising committee to the Mars committee." However, if a member



a member cannot be forced to refrain from voting.

The below video explores various types of voting within government systems. It is interesting to contrast these forms with parliamentary procedure! Remember parliamentary procedure was derived from British Parliament's rules.



Unanimous consent is not a way to bypass a member's right to oppose a motion or action.

voting or expressing an opinion unless a vote is done by ballot or when there is a tie.

talking about elections by going over the different types of voting and how to best run chapter office elections.

So there you have it! Voting is an incredibly helpful tool that'll help your chapter effectively perform actions while making sure that everyone's voice is still heard. Next time, we'll finish

I now adjourn this edition of "Parli Pro With Ryan O"!

Symptoms of Success

Ever heard of the term study smarter not harder? This is a very important saying for anyone that plans to continue their education past high school.

In high school there are many times when only two hours of studying will ensure that you are perfectly prepared for the exam, however as you pursue higher education there just isn't enough time to study everything if you are only studying harder instead of smarter. This article gives you the top 10 ways you can begin studying in a smarter more time efficient way. Click the title for the link!



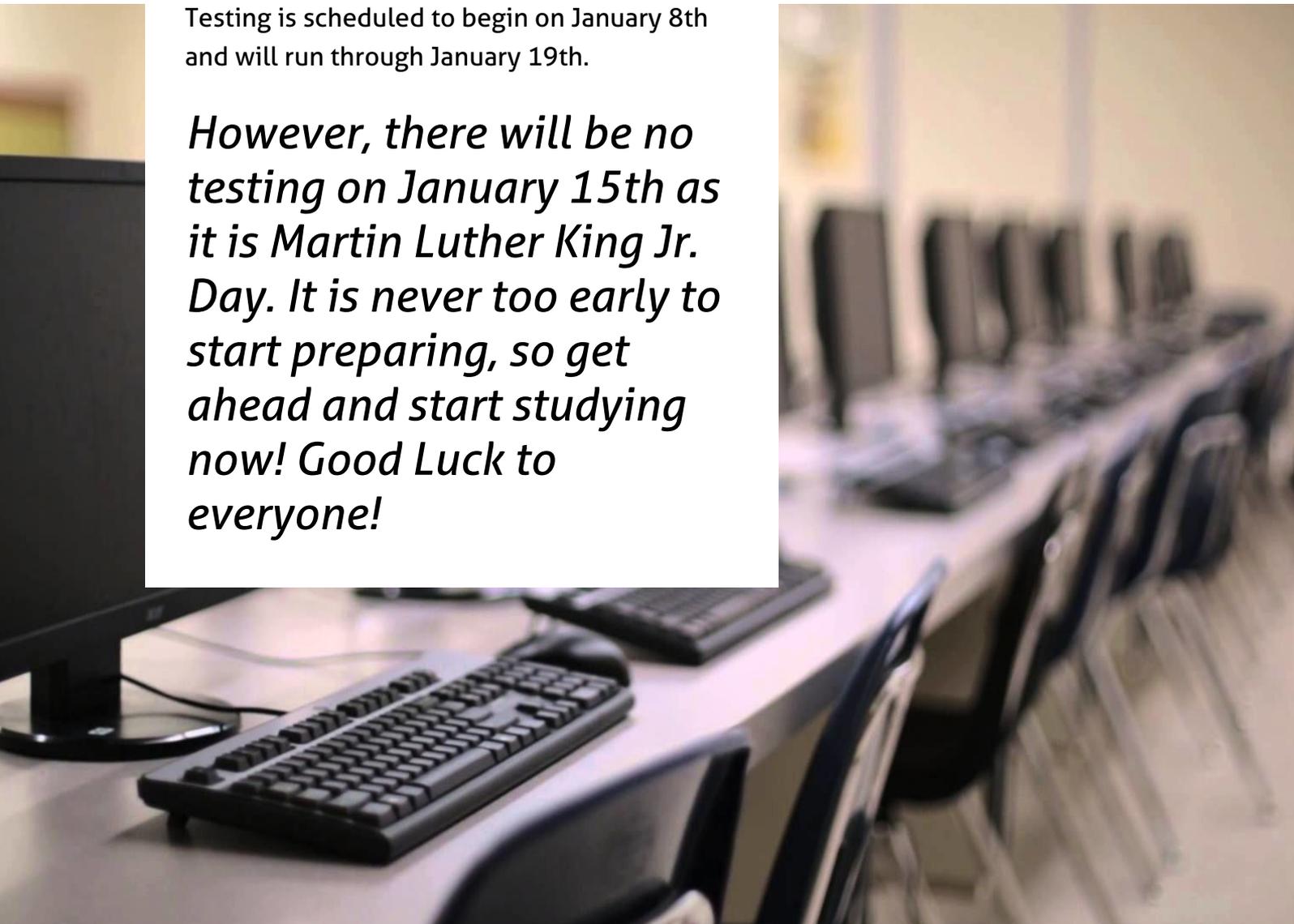


Online Testing

Online testing is right around the corner! Make sure to look over the competitive events list and register for your test(s).

Registration for these tests will open on December 1st and will close on January 5th. Testing is scheduled to begin on January 8th and will run through January 19th.

However, there will be no testing on January 15th as it is Martin Luther King Jr. Day. It is never too early to start preparing, so get ahead and start studying now! Good Luck to everyone!



Hello Arizona HOSA Members!

The 2018-2019 State Officer applications are being released on **January 5th**, right after the New Year! This is your chance to take your leadership to the next level and serve the entirety of Arizona HOSA.

Whether this is your first or fourth year we encourage all members to apply, and we hope to see your application by February 22nd.



Past State Officer Interview

1. What position did you hold during your term as a state officer? What were your responsibilities?

I was the Region 1 Vice President during my term in state office. My responsibilities were to serve and lead the Northern Arizona region, inform potential members of the benefits of AzHOSA at chapter visits, facilitate at conferences/workshops, represent AzHOSA at national events, as well as participate in the national community service projects.

2. Why did you join HOSA?

I initially joined HOSA because of the West-MEC Nursing Assistant program that I was in. But as I became more and more involved with HOSA, I learned that becoming a physician was what I actually wanted to pursue. There are a variety of benefits and opportunities that the organization offers to the members that really shaped the type of leader and future healthcare professional I want to be.

3. What was your favorite thing about HOSA?

There are so many things that I love about HOSA! If I had to pick one, it would be that HOSA gave me a second family who have become this great support system for me. It was a sense of belonging in HOSA that really drew me in, and I've seen others drawn in too. HOSA has so much to offer to anyone who has an interest in contributing to the healthcare field.





4. Why did you decide to run for state office?

I ran for State Office because I like to consider myself to be a woman of action. I believe in pushing beyond one's perceived limits, and, for me, that was running for state office. To serve and lead a group of members in a direction where they could better themselves

as future health professionals was a journey that I wanted to be a part of, especially in helping them to reach beyond their limits.

5. What is your favorite HOSA memory?

Hands down, my favorite HOSA memory would have to be the Chapter Officer Leadership Camp. I had the privilege of attending camp twice, once as a member and then again as a State Officer leading/hosting the camp. I absolutely loved to see the other members that had this passion and fire inside of them. I knew they would change the field of healthcare for the better. To me, that was inspiring!

6. Did you compete in any of HOSA's competitive events? If so, what were they and what was your experience like?

I competed in Prepared Speaking and for me it was a great experience. It gave me the confidence to speak in front of others and how I present myself in a professional manner. Prepared Speaking has really helped me in college as I often have to speak and make presentations in my classes.

VP Alyssa Cordova



7. What are your current career goals?

My current career goal is to become a pediatric neurosurgeon. This specialty may change down the road, but I do want to provide care for children, so pediatrics is a definite area that I want to be in.

8. How has HOSA helped you in college and the real world?

HOSA has tremendously helped me grow as a leader and pre-health student. It has given me the ability to be confident in the way I present myself to staff, faculty, and research labs here at the University of Arizona. When it comes to being prepared for interviews, presentations, and deadlines, I can say with confidence that the time management skills that HOSA has instilled in me, are skills I use on a daily basis. Most importantly, when it comes to networking with others here on campus or within the healthcare field, HOSA has really prepared me to be able to connect with people in a professional manner.

9. What other hobbies or activities are you involved in?

I am currently involved in a neuropsychology research lab here at the university called the Human Memory Lab. In addition, I am a part of a STEM program called Arizona's Science, Engineering, and Math Scholars program. It has many of the same opportunities and benefits that drew me to HOSA. When I can, I try to volunteer as much as possible.

10. What is one fun fact not a lot of people know about you?

I was a Christmas Elf at the North Pole Experience in Flagstaff where I got to sing Christmas songs and play with kids whenever I worked. Definitely a favorite memory of mine!

11. What advice do you have for anyone considering running for state office?

In the words of Eleanor Roosevelt, "You must do things you think you cannot do." Running for and being elected as a state officer was definitely something I thought I would not accomplish. But through the positive encouragement and support I received from the advisors and staff at Glendale Union HOSA, I discovered that this was something I could achieve. I recommend that anyone interested in running for state office to go for it because it's a journey and experience that is unforgettable and one that I am highly grateful for everyday.



2017 HOSA POWDERPUFF

GCUAzHOSA

3300 W Camelback Rd., Phoenix, AZ 85017

WELCOME TO THE GCUAZHOSA FAMILY!

On October 27th, GCUAzHOSA hosted the first annual Pre-Health Powderpuff game!

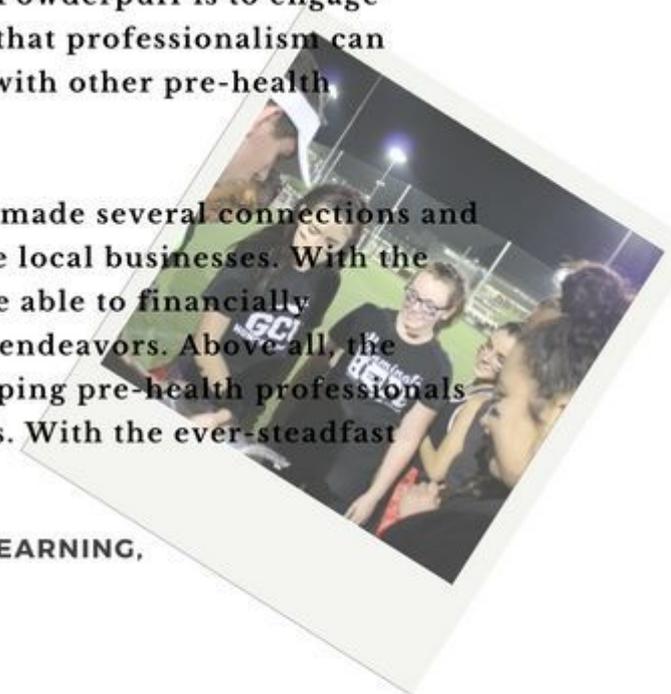
What is Powderpuff? Powderpuff is a football game where the “traditional” gender roles are reversed, meaning the males are the cheerleaders, and the females are the football players. In the game specified, several pre-health clubs on the GCU campus collaborated to achieve three goals: have fun, foster strong relationships, and maintain member involvement in pre-health professions.

In hopes to attract member involvement and raise money from local businesses, this event served as both a fun activity and a base for professional upbringing. The main goal of Powderpuff is to engage students on a non-academic level, proving that professionalism can still be fun, and foster a good relationship with other pre-health organizations on campus.

Collectively, the GCUAzHOSA chapter had made several connections and fostered a secure relationship with multiple local businesses. With the help of these sponsors, GCUAzHOSA will be able to financially and happily move forward with its current endeavors. Above all, the relationships made had been in light of helping pre-health professionals achieve their past, current, and future goals. With the ever-steadfast motto: Get involved, and get ahead.

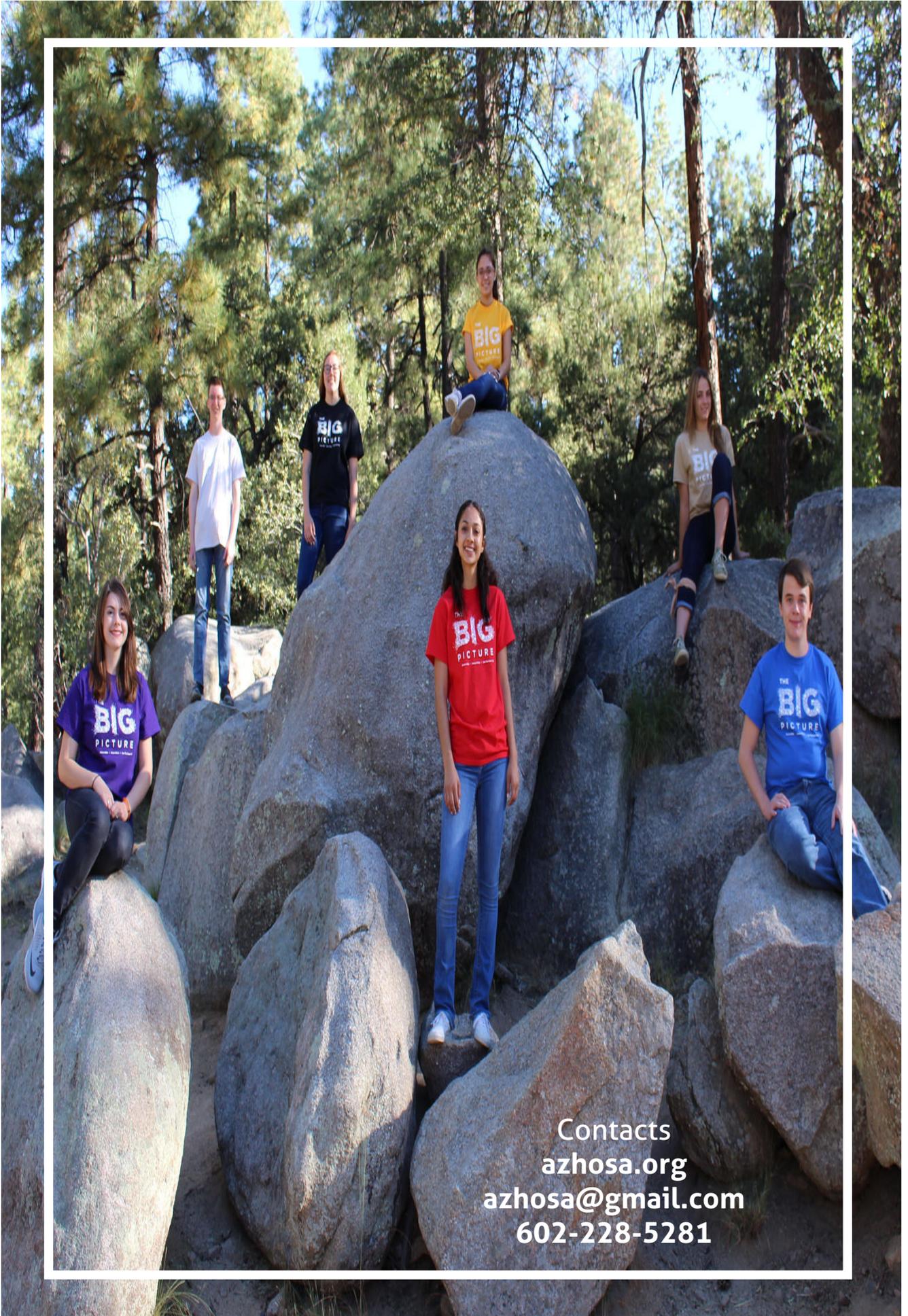
LOOKING FORWARD TO A YEAR OF HIGHER LEARNING,

GCUAZHOSA



GCU is having an event!

*Email us so your chapter can
advertise their events and
accomplishments in the
Synapse too!*



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