The Synapse!

AzHOSA’s Top Performers!

Arizona HOSA did an amazing job at this year’s National Leadership Conference! We would like to acknowledge and congratulate everyone who competed, was a finalist, and placed in 1st, 2nd and 3rd place! Congratulations to everyone! You represented Arizona HOSA very well. Hope to see you next year in Tennessee for the 40th HOSA Anniversary International Leadership Conference!

Secondary
Paradise Valley High School CREST - Biomedical Debate - 10th
Erik Takada - Epidemiology - 6th
Bansri Doshi - Epidemiology - 10th
Courtney Boyce - Job Seeking Skills - 10th
Ava Karanjia - Human Growth & Development - 9th
Missy Tran - Pathophysiology - 9th
Reyna Gracia-Espinoza - Medical Assisting - 2nd
Amrita Rhoads - Medical Math - 1st
Meena Venkataramanan - Catalina Foothills HS Medical Spelling - 6th
Millennium High School - Parliamentary Procedure - 1st
Queen Creek High School - Public Service Announcement - 8th
Agua Fria High School - Public Service Announcement - 9th
Jacque Torpy - Sports Medicine - 8th
Meghan Cochran - Veterinary Science - 4th

Post-Secondary
Brooke Smith - Clinical Nursing - 4th
Jesus Ramos - Dental Science - 5th
Ruby Sierra - Dental Science - 10th
Jenna Wild - Epidemiology - 3rd
Tyra Nelson - Extemporaneous Writing - 6th
EVI PS NA - HOSA Bowl - 7th
Central AZ Institute of Health - Health Career Display - 6th
Grand Canyon University - Health Education - 7th
Paradise Valley Community College - Health Education - 1st
Marily Ridings - Human Growth & Development - 2nd
Honey Guipo Human Growth & Development - 5th
Kelly Stablaski - Pathophysiology - 5th
Christiana Morgan - Pharmacology - 3rd
Amina Aden - Transcultural Health Care - 5th
Sunny Mahesh - Medical Math - 3rd
Steve Rhee - Medical Math - 5th
Breanna Wilcox - Physical Therapy - 4th
Martin Loehr - Researched Persuasive Speaking - 3rd
Megha Patel - 2nd

HOSA Nationals 2015
Anaheim California

We are proud of you
Past State Officers!

Hello HOSA Members! At the 2015 National Leadership Conference in Anaheim, Arizona had two Past State Officers run for National Office: Elizabeth Carnesi and Jamie Stewart. This month’s PSO Interview allows the members to take a look at how HOSA has changed the lives of these two young leaders. In addition, it gives insight into their reasons for running for HOSA National Office. Take a look!

Ms. Elizabeth Carnesi:
National Office: - 2015-2016 President elect
Education: Freshman in Barrett the Honors College at Arizona State University, majoring in microbiology
Graduated from Paradise Valley HS

What inspired you to join HOSA?
I was inspired by my awesome advisor, Mrs. Landry at the time to join HOSA because it's a good way to build upon skills, learn new things, and network with amazing people. She saw it as an opportunity for me and all of my peers to have a new way of connecting with students from not only around Arizona, but around the country and now world.

What impact has HOSA had on your life?
HOSA has had a huge impact on my life in so many ways. I've become a stronger leader, have developed skills I didn't even know I had such as strong speaking and presenting skills, and has given me the opportunity to befriend so many different people who share the same ideals and goals as I do.

What is the most memorable experience you’ve had with HOSA?
There's a few HOSA experiences that stick out in my mind, but the one that's probably the most memorable is when at last year's National Leadership Conference, they started playing Let it Go from Disney's Frozen at opening session and everyone in the entire ballroom started singing it at the top of their lungs. It was such a fun time and I remember jamming out to that song with all the National Conference attendees and it was a really fun time.

What pushed you to run for state office?
I was really pushed by my HOSA advisor, Mrs. Landry to run and when I asked her about it she was fully supportive of me running even though I was initially nervous and unsure about running for office.

Why did you run for national office?
I ran for national office because I thought it would be a new learning experience for me that I can take and share with others through service to them as a national officer. I also ran because I want to be able to share my HOSA enthusiasm with current members and potential members to help grow our organization.

If you could explain HOSA to someone new to the organization, what five words would you use to describe it, and why?
The five words that I would use to describe HOSA would be exciting, diverse, supportive, opportunity, and family. The reason why I chose those five words is because those are some of the core values that HOSA has. HOSA is exciting in the way that there is an electric energy to every conference, symposium, and session that keeps HOSA members wanting more. It's diverse because of the different career goals that each member wants to achieve. We're supportive of each other in what we do through the huge excitement that everyone feels when someone wins an award or is recognized for their hard work. HOSA is also a huge opportunity to meet new people, learn new skills, and to grow as a person in so many different ways. HOSA is also family. We are a group of future health professionals who quickly become a family through everything that we go through, which is something that I love about HOSA.
Next up, Ms. Jamie Stewart’s Story:
State Office: 2013-2014 Secretary, High School Junior
Education: Freshman in Barrett the Honors College at Arizona State University, double major in Biochemistry (Medicinal Chemistry) and Computer Science

What inspired you to join HOSA?
When I first heard about HOSA all I heard was that it would be replacing our Biology club, so at first I was a little angry with it. Then I went home and researched it extensively. It was basically a match made from heaven. I ended up not just joining a HOSA chapter but actually starting our HOSA chapter. I then acted as its first sitting president. All because I just loved what HOSA stood for. HOSA didn’t just want to help students just become healthcare providers, but rather compassionate and responsible individuals who would change our the field of medicine for the better.

What impact has HOSA had on your life?
HOSA has caused me to become more aware of what’s going on around me. Had I not joined HOSA, I would have never gotten to hear unfortunate, first hand stories of some of our members. I’ve gotten to talk with members who lived in communities struck by disaster. Hearing it on the news is completely different than hearing from the source. It’s motivated me to one day work in rural communities and with Doctors Without Borders.

What is the most memorable experience you’ve had with HOSA?
My most memorable moment is when Desiree Garcia from the New Life Society spoke at our National Leadership Conference to announce the results of the HOSA Donor Competition. The Donor Competition is designed to raise awareness about organ and tissue donation while also signing up students and other members of the community to become organ donors. We got to announce that because of our HOSA members we would be saving thousands of lives and healing even more. I got to see the small, local competition expand into a state wide one. I’ve never been so proud of something.

What made you to run for state office?
My two main motivations behind running for state office was actually to implement a program called the Donor Competition and improve communication between state and local officers. The communication point was really handled by the entire team with the direct emails to the local chapters and their officers and social media posts. The former of the two was really what I ended up spending a lot of my time on. I was told from the very beginning that it would be extremely difficult and time consuming to start a new program but I was highly motivated and ultimately successful. It’s now an annual competition that I once again hope to see grow.

Why did you run for national office?
I ran for national office in the hopes that I might be able to once again expand the donor competition, make our post secondary chapter more aware of the benefits HOSA has to offer, foster new connections for scholarships and internships, and expand HOSA globally.

If you could explain HOSA to someone new to the organization, what five words would you use to describe it, and why?
Passionate individuals collaborating to heal. I say this because, in my opinion, HOSA has some of the most passionate and dedicated individuals of any CTSO who work together toward common goals. I use the word heal broadly. Not only are they working together to learn how to actually heal ailing patients, but also to improve the medical field, their local communities, and struggling organization who support a good cause.

At the 2015 National Leadership Conference, Ms. Jamie Stewart was slated for the position of Region 1 Vice President. Although she was not elected for the position, Arizona HOSA is proud of Ms. Jamie Stewart for her hard work and dedication. This organization is fortunate to have such an inspiring young leader!