



2023 - 2024 Individual Member Recognition Award Program

Due: March 8, 2024

By participating in this member recognition award program, you will have the opportunity to move through four levels of leadership development:

- Bronze
- Silver
- Gold
- Platinum

To be part of the Arizona HOSA State Recognition Award Program, your first step is to be a paid member at the local, state, and national level. It is your responsibility to complete each task assigned and have your chapter advisor evaluate and sign off as each task is concluded. After completing and submitting the necessary documents for your desired level, Arizona HOSA will review your application. If accepted, you will be recognized at the State Leadership Conference and your name will appear in the event program even if you are unable to attend. Your advisor will also receive the appropriate level certificate.

Through this process, you are expected to apply your knowledge and get involved in HOSA. Knowledge without application is soon forgotten. HOSA is not a "club", rather, it is an organization that provides opportunity for you to achieve your career goals in the health profession.

Thank you for your commitment to yourself, to others, to your community, and to the health professions. We wish you the best as you complete this application! For additional information on the process of the Arizona HOSA State Recognition Award Program, please contact the State Office.

State Office Contact Information:

State Advisor: Sandra Oligny

Phone: 602.542.5770

Email: Sandra.oligny@azed.gov



Submitting Applications for Individual Member Recognition

Submission for all Individual Membership Awards

Instructions are as follows:

1. Teachers will sign off on all the required projects and tasks for any acquired level of the Individual Membership Award.
2. The student will be required to upload their own application to the link provided on the website.
 - a. The submission form will require the student to indicate the highest level award they have achieved for the school year. (The paperwork submitted will serve as the evidence used to determine if the student has met all of the requirements.)
3. All levels require community service hours to be submitted to the Barbara James Service Award (number of hours varies by level). This is done by submitting hours through the [HOSA Activity Tracking System](#).

Arizona HOSA reserves the right to conduct individual audits on chapters who submit members for any Individual Membership Award

PLEASE NOTE

Materials **MUST** be original and completed during the 2023-2024 membership year (Aug 1 – July 31). Applications with materials from previous years will not be accepted. You must complete all lower tiers before moving onto the next one. For example, to complete the platinum tier, you must have first done bronze, silver and gold. To complete gold you must have done bronze and silver etc.



HOSA Member Recognition Program Bronze Level

Bronze Objective: To learn about HOSA, its roles and history, as well as giving students the opportunity to explore health careers.

Instructions: Bronze level members will be recognized for satisfactorily completing the skills and tasks assigned in each of the sections below. When you have completed a task or assignment, ask your HOSA advisor to initial the space to the right of the skill or task assigned.

Leadership Development

Evaluator's Initials

1. Join HOSA	
2. Attend two (2) HOSA Chapter Meetings <ul style="list-style-type: none"> • List the dates and identify the presiding officer. 	
a.	
b.	
3. Participate in two (2) chapter activities. (besides meetings, can be at local or state level) <ul style="list-style-type: none"> • Identify the activities 	
a.	
b.	
4. Participate on a chapter committee (attended a committee meeting or event) <ul style="list-style-type: none"> • Identify the committee 	
5. Recite and explain the HOSA Mission and Purpose and explain its meaning (found at hosa.org)	
6. Identify the HOSA colors and explain the significance of each (found at hosa.org)	
7. Know the four (4) HOSA Core Values and their importance (found at hosa.org)	



Career Development

**Evaluator's
Initials**

1. Prepare a research essay of at least 250-words that explores two (2) health careers you are interested in. Your research essay should consist of the following parts
 - The names of the two careers you are interested in
 - The requirements for entry level employment
 - A career ladder leading from the entry job to the career goal you chose.
 - The requirements for your final career position
 - Professional organizations you may join in this career
 - A summary statement that includes your findings and any decisions you have made based on this research.

Community Service

**Evaluator's
Initials**

1. Participate in a community service activity and volunteer at least 10 hours.
2. Enter the community service hours in the Barbara James Service Award event. (review the Barbara James Service Award guidelines point 11 prior to submitting hours.)

Personal Development

**Evaluator's
Initials**

1. Take the [16 Personalities assessment](#) using the included hyperlink.
2. Write a 150-word statement explaining how your 16 personalities results may influence your leadership and future career.

Evaluator's Name _____

Evaluator's Signature _____

Date: _____ School: _____ Charter #: _____

Comments:



HOSA Member Recognition Award Program

Silver Level

Prerequisite – Bronze Level

Silver Objective: To encourage increased participation in your HOSA chapter and community as well as developing professional and career skills.

Instructions: Silver level members will be recognized for satisfactorily completing the skills and tasks assigned in each of the sections below. When you have completed a task or assignment, ask your HOSA advisor to initial the space to the right of the skill or task assigned. Submit the completed form to the submission link on our Arizona HOSA website. Reminder that all items for the Bronze level must also be submitted in order to achieve Silver level recognition.

Leadership Development

Evaluator's Initials

1. Attend an Arizona HOSA or HOSA Conference. Examples include:
 - 2022 International Leadership Conference
 - Washington Leadership Academy
 - Chapter Leadership Camp
 - Fall Leadership Conference
 - AzATA Sports Medicine Conference
 - Regional Conference
 - Registering for the State Leadership Conference

2. Participate in a chapter fundraising activity
 - Identify the activity:

3. Take an online test during State online testing, or compete at a Regional Conference.
 - Identify the event:

4. Serve on a chapter committee.
 - Identify the committee:

5. Know and recite the five (5) types of motions as described in Robert's Rules of Order, Newly Revised (refer to chapter 14 of Robert's Rules of Order, Newly Revised for more information).

6. State a motion correctly and write it below:

Career Development

**Evaluator's
Initials**

1. Choose one of the career pathways you wrote about for the Bronze Level Career Development task and find a college, university, training program, or other institution that have programs relevant to the career you chose. Write a 250-word minimum essay that includes the following information:
 - a. Entrance and program requirements
 - b. The location of the program
 - c. A paragraph comparing the three programs you've chosen

Community Service

**Evaluator's
Initials**

1. Identify one health care issue facing your community and write a letter to a local/state leader or policy maker on the problem in your community with the intent to gain their support in creating change. List the issue below:

2. Lead a class discussion on the community issue you identified.

OR

Prepare a poster or bulletin board that illustrates the magnitude of the community health issue you have identified.

3. Complete 20 hours of community service. Enter the community service hours in the Barbara James Service Award event.



Personal Development

**Evaluator's
Initials**

1. Attend a workshop or training having to do with public speaking or leadership development. Examples include sessions at the Fall Leadership Conference, workshops at Chapter Leadership Camp, or another conference. Write a reflection of the learning that took place and how helped to become a better leader and future health professional. (Reflection should be 250-300 words)

OR

2. Download the Healthy Living competitive event guidelines and create a personal healthy living SMART goal (see points 13 & 16 in the Healthy Living event guidelines). Keep that goal for at least two (2) weeks and summarize your goal, process, and results in 250-300 words.

Evaluator's Name _____

Evaluator's Signature _____

Date: _____ School: _____ Charter #: _____

Comments:



HOSA Member Recognition Award Program

Gold Level

Prerequisites – Silver and Bronze Level

Gold Objective: To encourage increased participation in leadership within the HOSA chapter and community as well as developing and reflecting on leadership skills.

Instructions: Gold level members will be recognized for satisfactorily completing the skills and tasks assigned in each of the sections below. When you have completed a task or assignment, ask your HOSA advisor to initial the space to the right of the skill or task assigned. Submit the completed form to the submission link on the Arizona HOSA website. Reminder that all items for the Bronze and Silver levels must also be submitted in order to achieve Gold level recognition.

Career Development

Evaluator's Initials

1. Complete a job application for a job of your choosing and submit the completed application to Arizona HOSA.

2. Submit a resume and cover letter for the job you applied for.

Community Service

Evaluator's Initials

1. Participate in a community-wide project for the HOSA national service project.

OR

Participate in a community service project for another organization.

Identify the project theme and goals:

2. Complete 50 hours of community service. Enter the community service hours in the Barbara James Service Award event. (Service hours must be different than the project used for item #1.)



Personal Development

**Evaluator's
Initials**

1. Read one of the following books and write a 500-word essay about what you learned and how you can apply it to become a better HOSA leader.
 - a. [Atomic Habits: Tiny Changes, Remarkable Results](#)
 - b. [The 21 Irrefutable Laws of Leadership](#)
 - c. [5 Voices – How to Communicate Effectively with Everyone You Lead](#)
 - d. [The Student Leadership Challenge: Five Practices for Becoming an Exemplary Leader](#)

OR

2. Pick a TedTalk video that focuses on leadership and personal growth and write a 500-word essay about what you learned and how you can apply it to become a better HOSA leader. Identify the title of the TedTalk here:

-
3. Read about, watch, or conduct two (2) interviews with successful professionals in the health industry. In a 400-word summary write about the following:
 - a. What they believe are the personal traits/skills that they believe are crucial to success in the health care profession
 - b. How they were successful and what you have learned from the interview.

OR

Using the Prepared Speaking competitive event guidelines, give a 3-5 minute talk about how HOSA has developed you as a student, a leader, and a future health professional to a group outside of school. Examples of groups to present to include: organizations around campus, a school board meeting, local elementary or middle schools

4. Submit a copy of the speech to the online submission form

Evaluator's Name _____

Evaluator's Signature _____

Date: _____ School: _____ Charter #: _____

Comments:



HOSA Member Recognition Award Program

Platinum Level

Prerequisites – Gold, Silver, and Bronze Level

Platinum Objective: To show a greater than average level of involvement in HOSA and the community as well as implementing the leadership and professional skills developed through the Member Recognition Award Program.

Instructions: Platinum level members will be recognized for satisfactorily completing the skills and tasks assigned in each of the sections below. When you have completed a task or assignment, ask your HOSA advisor to initial the space to the right of the skill or task assigned. Submit the completed form to the submission link on the Arizona HOSA website. Reminder that all items for the Bronze, Silver, and Gold levels must also be submitted in order to achieve Platinum level recognition.

Career Development

Evaluator's Initials

1. Letter of Introduction. This is a letter introducing you to the Platinum Member Awards Committee. It must include:
 - Information on what you have learned through the process of becoming a Platinum Member
 - Describes why you are applying for Platinum membership
 - The letter must be dated and include a signature line with the member's full name and signature
 - A greeting statement to the awards committee
 - Must be a minimum of 250 words.

2. Write a 250 word summary of 10+ hours of a work-based learning experience or supervised practical experience. Examples include:
 - Job shadowing
 - Career exploration
 - Internships
 - Volunteering

The work-based learning experience can be completed as a part of the health science class or done on the applicant's own time.

Exact hours, dates, people shadowed, and a description of the experience must be included.

Personal Development

**Evaluator's
Initials**

1. Include a school transcript or recent report card or copies of certificates or documentation that shows completion of training in health-related skills (industry certificates). Examples include:
 - CPR
 - EMT
 - CNA
 - First Aid
 - Nursing or Biotechnology programs
 - Any other health related skill
2. In this technological age, it is important to have a professional online presence. We ask that you create a professional LinkedIn, Tallo, or similar page. We ask that you also do the following:
 - Use a professional photo (no selfies)
 - Submit a link to your profile in the Wufoo form

Community Service

**Evaluator's
Initials**

3. Plan and carry out a community service project with your local chapter and enter the hours as part of the Barbara James Service Award, America's Blood Centers, or the American Red Cross Volunteer Recognition event.
4. Write 250 words on your community service. Include the following information:
 - a. Dates, hours, locations, and learning outcomes from the experience
 - b. Your involvement and how the project benefitted the community
5. Have at least 75 hours of community service entered as part of the Barbara James Service Award



Essay Questions

Instructions: Answer the following questions relating to HOSA, community involvement, and career development. All answers should be a minimum of 100 words and will be typed into the online application.

1. Discuss your reasons for wanting to pursue a career in the health care field and discuss what you have already done to accomplish your career goal.
2. Discuss the impact that Arizona HOSA has had on your educational, career, and professional development.
3. What skill do you think is underestimated in the healthcare profession and should have an increased focus throughout a student's pursuit of a healthcare career?
4. In leadership, which is more important – the ability to speak professionally, or the ability to listen – and why?
5. What is the best advice you have received in regard to leadership and how has it shaped you up to this point?
6. What do you feel is the most important lesson HOSA has given you?

Evaluator's Name _____

Evaluator's Signature _____

Date: _____ School: _____ Charter #: _____

Comments: