



Virtual Regional Competitions

In order to provide our students the opportunity to compete, Arizona HOSA is planning on virtual Regional Competitions. The Arizona HOSA Competitive Events (CE) Committee is working diligently to provide competitions for our students to qualify them for SLC. Students that do not wish to compete at this level will not be eligible to compete at SLC in these events.

This document provides guidance as well as timelines for our competitions so that we can all prepare to the best of our ability. Please review it in its entirety and utilize the links, dates, and guidelines within to help you guide your students through this process. If students have already submitted items, please have them re-submit.

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New Deadlines/Submission Standards

- CPR/First Aid
 - Online Test in the CMS System – advisors will receive OLT logins for CPR/First Aid Competitors to provide to their proctors.
- Forensic Science
 - Students will review and respond to the Forensic Science case study as a team and complete one form. Students will have 36 minutes to complete this test – 6 minutes to review the case study and 30 minutes to respond.
- Health Career Display
 - Students will submit photos of their poster board with a confirmation from the teacher that the board is within the 36" x 48" size limit.
 - The form will include a part for teacher initials. Please confirm the size of the poster prior to your student's submitting
 - Students will also submit a pre-recorded presentation of their Display to Wufoo. Video presentations must be 5 minutes or less in length.
 - The display presentation should be uploaded to YouTube and set to either "Unlisted" or "Public" so that the link can be used by judges to review materials.
- Health Career Photography
 - Students will submit their online portfolio to Wufoo as well as a pre-recorded presentation of their portfolio for judges to review.
 - Video presentations must be 3 minutes or less in length and should dedicate approximately one minute to each photo in the portfolio as per the guidelines.
 - From the HOSA Guidelines: "The competitor will have a maximum of three (3) minutes (approximately one minute per photo) to present the picture, describe the profession, explain what is happening in the picture and how the career fits into the healthcare system."
 - The video presentation should be uploaded to YouTube and set to either "Unlisted" or "Public" so that the link can be used by judges to review materials.
- Job Seeking Skills
 - Virtual Interviews will take place on the day that your region was scheduled to compete via Zoom. Competitors will still need to submit a link to their Tallo profile as well as their Resume and Personal Statement to Wufoo.
- Medical Assisting
 - Online Test in the CMS System – advisors will receive OLT logins for Medical Assisting to provide to their proctors.
- Nursing Assisting
 - Online Test in the CMS System – advisors will receive OLT logins for Nursing Assisting to provide to their proctors.
- Prepared Speaking



- Speeches will be given live via Zoom on the day that your region was set to compete. Students will be given an appointment time to present their speech.
 - As per the guidelines, speeches should be no more than 5 minutes in length.
- Public Health
 - Public Health teams will pre-record and submit their Public Health presentation via Wufoo.
 - The Presentation should be uploaded to YouTube and set to either “Unlisted” or “Public” so that the link can be used by judges to review materials.
- Public Service Announcement (PSA)
 - Competitors will upload their required forms as well as two (2) videos.
 - The first video will be the PSA via a YouTube link listed either as “Public” or “Unlisted”. PSA’s will be no longer than 30 seconds in length.
 - The second video will be as follows as per the PSA Guidelines:
 - Teams will be given 4 minutes to describe their creative process, outlining key areas as described on the event rating sheet. The team can replay the PSA, starting and stopping as desired, during the 4 minutes
- Sports Medicine
 - Online Test in the CMS System – advisors will receive OLT logins for Sports Medicine to provide to their proctors.
- Veterinary Science
 - Online Test in the CMS System – advisors will receive OLT logins for Veterinary Science to provide to their proctors.

Timeline

Competitions will take place on the same day as the Regional Conference that you were signed up for previously. Two events will have live appointment times – Job Seeking Skills and Prepared Speaking. The remainder of the events will have submission deadlines that will need to be met in order to compete. Find the timelines here:

Region 1

- January 19th @ 11:45 PM Arizona Time
 - Submissions for Health Career Display, Health Career Photography, Job Seeking Skills, Public Health, and Public Service Announcement will be due. This gives us time to disseminate the judging materials to our judges for these events.
- January 20th
 - Competitors in Job Seeking Skills and Prepared Speaking will be sent their appointment times and the link to the Zoom meeting for the next day
- January 21st – all day
 - Job Seeking Skills and Prepared Speaking Competitors will appear for their planned appointments
 - Tests in the CMS system will be open from 7:00 AM – 8:00 PM. These tests include CPR/First Aid, Nursing Assisting, Medical Assisting, Sports Medicine, and Veterinary Science
 - Forensic Science case study will be sent out. Competitors will work in their teams to complete the Forensic Science Case Study.
- January 23rd
 - Virtual Awards Session to see who qualifies for SLC

Region 2

- January 26th @ 11:45 PM Arizona Time
 - Submissions for Health Career Display, Health Career Photography, Job Seeking Skills, Public Health, and Public Service Announcement will be due. This gives us time to disseminate the judging materials to our judges for these events.
- January 27th
 - Competitors in Job Seeking Skills and Prepared Speaking will be sent their appointment times and the link to the Zoom meeting for the next day
- January 28th – all day
 - Job Seeking Skills and Prepared Speaking Competitors will appear for their planned appointments
 - Tests in the CMS system will be open from 7:00 AM – 8:00 PM. These tests include CPR/First Aid, Nursing Assisting, Medical Assisting, Sports Medicine, and Veterinary Science
 - Forensic Science case study will be sent out. Competitors will work in their teams to complete the Forensic Science Case Study.



- January 30th
 - Virtual Awards Session to see who qualifies for SLC

Region 3

- February 1st @ 11:45 PM Arizona Time
 - Submissions for Health Career Display, Health Career Photography, Job Seeking Skills, Public Health, and Public Service Announcement will be due. This gives us time to disseminate the judging materials to our judges for these events.
- February 2nd
 - Competitors in Job Seeking Skills and Prepared Speaking will be sent their appointment times and the link to the Zoom meeting for the next day
- February 3rd – all day
 - Job Seeking Skills and Prepared Speaking Competitors will appear for their planned appointments
 - Tests in the CMS system will be open from 7:00 AM – 8:00 PM. These tests include CPR/First Aid, Nursing Assisting, Medical Assisting, Sports Medicine, and Veterinary Science
 - Forensic Science case study will be sent out. Competitors will work in their teams to complete the Forensic Science Case Study.
- February 5th
 - Virtual Awards Session to see who qualifies for SLC

Region 4

- February 2nd @ 11:45 PM Arizona Time
 - Submissions for Health Career Display, Health Career Photography, Job Seeking Skills, Public Health, and Public Service Announcement will be due. This gives us time to disseminate the judging materials to our judges for these events.
- February 3rd
 - Competitors in Job Seeking Skills and Prepared Speaking will be sent their appointment times and the link to the Zoom meeting for the next day
- February 4th – all day
 - Job Seeking Skills and Prepared Speaking Competitors will appear for their planned appointments
 - Tests in the CMS system will be open from 7:00 AM – 8:00 PM. These tests include CPR/First Aid, Nursing Assisting, Medical Assisting, Sports Medicine, and Veterinary Science
 - Forensic Science case study will be sent out. Competitors will work in their teams to complete the Forensic Science Case Study.
- February 6th
 - Virtual Awards Session to see who qualifies for SLC





Links to Submit

- Health Career Display
 - <https://azhosa.wufoo.com/forms/20212022-health-career-display-regionals/>
- Health Career Photography
 - <https://azhosa.wufoo.com/forms/20212022-health-career-photography-regionals/>
- Job Seeking Skills
 - <https://azhosa.wufoo.com/forms/20212022-job-seeking-skills-regionals/>
- Public Health
 - <https://azhosa.wufoo.com/forms/20212022-public-health-regionals/>
- PSA
 - <https://azhosa.wufoo.com/forms/20212022-public-service-announcement-regionals/>