Mental Health Promotion

Arizona HOSA Event Guideline Supplement

Team Event: 2–6 competitors

THIS EVENT REQUIRES AN UPLOAD FOR EACH CONFERENCE

For regionals and state, use the upload link emailed after your advisor registers your team. For nationals, follow the HOSA Digital Upload System instructions.

This supplement is written exclusively for Arizona HOSA events.
Use this checklist with the official event guidelines and scoring rubrics.

Conference	Event Offered	Required Upload Deadline	Details at a Glance
Regional Leadership Conference (RLC)	YES	Close of registration	**Round 1:** Uploaded materials are pre-judged. **Round 2:** Present your social media campaign. Upload and presentation scores are combined. **Advancement:** Top 7 qualifying teams per region advance to SLC.
Online Test	NO	N/A	**Not applicable:** Qualify through regionals, then compete at SLC to qualify for ILC.
State Leadership Conference (SLC)	YES	Close of registration	**Upload:** Submit again using the SLC link. **Scoring:** Pre-judged upload and presentation scores are combined. **Advancement:** Top 3 qualifying teams advance to ILC.
International Leadership Conference (ILC / nationals)	YES	Published HOSA ILC upload deadline	**Upload:** Submit again for ILC pre-judging. **Important:** No upload means no presentation appointment. Follow official guidelines for the ILC process.

Required Digital Upload Checklist

ONE team member uploads ONE combined PDF for EACH conference. Include:

☐ Summary presentation, including the required title slide and team information.

☐ Completed Mental Health Consultation Form, inserted as an image in the summary.

☐ Reference pages, inserted as images in the summary.

☐ Campaign examples: images, graphics and direct links to all videos and social media posts, included INSIDE the PDF.

Link check: Materials must be public and viewable without a login or permission request. Use campaign or chapter accounts, not personal accounts. Inaccessible links can result in a zero for the entire project.

Judges have only 7 minutes to review the digital submission. Organize it so the campaign and supporting materials are easy to find.

You may revise materials between conferences. Upload again using each conference's unique link. Earlier scores do not carry forward.

Missed the upload? At RLC and SLC, you still receive a presentation appointment, but the pre-judged component earns zero. You cannot submit missing materials for judging at the conference. At ILC, no upload means no presentation appointment.

Prepare your campaign and presentation

☐ Work with a Mental Health Consultant to select a youth topic and risk or protective factors. Publish a social media campaign that educates your peers; document the consultant's guidance.

☐ Use the official rubric to explain your learning, topic choice, risk or protective factors, campaign timeline and methods, consultant's role and possible next steps.

Arizona timing: Maximum 7 minutes at RLC and SLC, with a 1-minute warning. Stop when time is called.

ILC timing: Current HOSA guidelines allow 5 minutes, with a 1-minute warning. Check Arizona HOSA announcements for changes to the RLC or SLC limit.

Presentation format: Speak about the campaign. A device may show selected campaign pieces; do not use the uploaded summary as an on-site slide presentation or add other visual aids. Campaign viewing counts toward your time.

Required Documents and Materials

Bring to regionals, state and nationals.

☐ Photo ID for each team member and two nonmechanical #2 pencils.

☐ Optional paper or electronic notecards. Electronic notes must use a separate device from the one showing campaign pieces and may not be shown to judges.

☐ If showing campaign pieces, bring a charged, battery-powered device with files available offline. Content must be visible from up to 5 feet away.

Arizona HOSA does not provide power, internet, devices or additional display equipment.

Dress code: All team members must wear official HOSA uniform or proper business attire. Review Appendix D.

What to do at regionals and state

☐ Check in at the event room with the Event Manager. Each team member must show photo ID. Receive your appointment time and stay nearby; the event may run early.

☐ Staff will escort your team into the room and introduce you to the judges. Greet the judges and shake hands as directed by the Arizona procedure.

☐ Present within the allowed time. Thank the judges, shake hands again and leave when dismissed. Complete the event survey and leave the competition area.

How to advance to nationals

Minimum score: Earn a final score of at least 70% after combining the pre-judged campaign and presentation scores and subtracting penalties.

RLC to SLC: The top 7 teams from each region meeting the minimum advance to state.

SLC to ILC: The top 5 teams meeting the minimum are recognized; the top 3 advance. Fourth and fifth place may serve as substitutes. Upload again for ILC by its published deadline.

Official guidelines and scoring rubrics

HOSA event guidelines — select Mental Health Promotion under Emergency Preparedness Events for forms, campaign rules and scoring rubrics.