Research Poster

Arizona HOSA Event Guideline Supplement

Team Event: 2–4 competitors

THIS EVENT REQUIRES AN UPLOAD FOR EACH CONFERENCE

For regionals and state, use the upload link emailed after your advisor registers your team. For nationals, follow the HOSA Digital Upload System instructions.

This supplement is written exclusively for Arizona HOSA events.
Use this checklist with the official event guidelines and scoring rubrics.

Conference	Event Offered	Required Upload Deadline	Details at a Glance
Regional Leadership Conference (RLC)	YES	Close of registration	**Round 1:** Uploaded materials are pre-judged. **Round 2:** Present your poster. Upload and presentation scores are combined. **Advancement:** Qualifying top scores advance to SLC.
Online Test	NO	N/A	**Not applicable:** Qualify through regionals, then compete at SLC to qualify for ILC.
State Leadership Conference (SLC)	YES	Close of registration	**Upload:** Submit again using the SLC link. **Scoring:** Pre-judged upload and presentation scores are combined. **Advancement:** Top 3 qualifying teams advance to ILC.
International Leadership Conference (ILC / nationals)	YES	Published HOSA ILC upload deadline	**Upload:** Submit again for ILC pre-judging. **Important:** No upload means no presentation appointment. Follow official guidelines for the ILC process.

Required Digital Upload Checklist

☐ ONE team member uploads the research poster as ONE PDF for EACH conference. Check that all text and images are readable.

☐ Design the poster digitally at 48 × 36 inches in landscape orientation. Use the official guidelines for content, layout and word limits.

☐ Include the eight required components: title and identifying information, abstract, methods, results, conclusions, references, acknowledgements and images.

Missed the upload? At RLC and SLC, all registered teams still receive a presentation appointment, but the pre-judged poster earns zero. You cannot submit a replacement for pre-judging at the conference. At ILC, no upload means no presentation appointment.

Upload again for each conference using its unique link. Each conference is scored independently; earlier scores do not carry forward.

Printed Poster Sizes

Regionals: Bring an 8.5 × 11-inch printed copy in landscape orientation, as required by the Arizona supplement.

State and nationals: Bring a 48 × 36-inch printed poster in landscape orientation. Uploading the PDF does not replace the printed poster.

Prepare your research and presentation

☐ Choose a health issue in your community and conduct your own research during the current HOSA membership year. Follow the official research and informed-consent requirements.

☐ Use the official scoring rubric to explain your research question, methods, findings and why the results matter. Every team member must participate in the presentation.

Arizona timing: The supplied supplement allows 4 minutes at RLC and SLC, with a 1-minute warning. Stop when time is called.

ILC timing: Current HOSA guidelines allow 5 minutes, with a 1-minute warning. Check Arizona HOSA announcements for any change to the RLC or SLC limit.

Required Documents and Materials

Bring to regionals, state and nationals.

☐ Photo ID for each team member and two nonmechanical #2 pencils.

☐ Your printed poster in the correct size for the conference. Complete the separate digital upload by its deadline.

☐ Optional index cards or electronic notecards. Electronic notes may not be shown to judges.

Dress code: All team members must wear official HOSA uniform or proper business attire. Review Appendix D.

What to do at regionals and state

☐ Arrive at the event room at the START of the posted event time frame. Check in with the Event Manager; each member shows photo ID.

☐ Receive your team's appointment time and stay at the event room; the event may run early. Staff will escort your team into the room and introduce you to the judges.

☐ Greet the judges and shake hands as directed by the Arizona procedure. Present your research within the allowed time and stop when time is called.

☐ Thank the judges, shake hands again and leave when dismissed. Complete the event survey and leave the competition area.

At ILC: Follow the official guidelines and conference agenda, including the required poster display time and presentation selection process.

How to advance to nationals

Minimum score: Earn a final score of at least 70% after combining pre-judged poster and presentation scores and subtracting penalties.

RLC to SLC: Top-scoring teams meeting the minimum are recognized and advance. The State Advisor notifies your local advisor.

SLC to ILC: The top 5 teams meeting the minimum are recognized; the top 3 advance. Fourth and fifth place may serve as substitutes. Upload again for ILC by its published deadline.

Official guidelines and scoring rubrics

HOSA event guidelines — select Research Poster under Teamwork Events for research requirements, poster specifications and scoring rubrics.