

Synapse

Mission Report: Operation Recognition

This month, Arizona HOSA would like to recognize a few of our newest chapters, advisors and achievements made by HOSA members! Additionally, this month your state officer have been working hard to reach out and visit as many chapters as possible, to ensure a great start to a great year!

Introducing our new secondary advisors!

Centennial High School: Holly Webb

Cochise JTED Bisbee: Dawn Hobson

EVIT: Rosa Pogue, Justin Lisonbee, Katelyn Tellez & Shannon Clint

EVIT EAST: Lisa Corrales, Becky Devine & Tamra Powers

Hamilton High School: Alicia Langford

Marana High School: Johanna Urquijo

Page High School: Ryan Whitehorse

Payson High School: Marsha Fitzhugh

Pima County JTED: Kim McCroy, Robert

Queen Creek High School: Joshua Popham

Rio Rico High School: Julia Jacob

Skyline High School: Mike Coutts

Sunrise Mountain High School: Chris Gorosics

Valley High School: Eutanya Yazzie

Walden Grove High School: Michael Methvin

West-MEC NE: Bree Michaels

West-MEC SW: Lori Botello & Kim Canada

Willow Canyon High School: Tobie Fornerette

Introducing our newest Middle School Chapter & Advisor!

From Lake Havasu, Thunderbolt Middle School: Christina Heckel

Introducing our newest AzHOSA Board of Directors Members:

Representing the Middle School Chapters, from Newell Barney Middle School: Melody Vargas

Representing Region 1 and Bioscience, from Chino Valley High School: John Vreyens

Introducing our newest Arizona State Association of Parliamentarians Board:

President: Al Gage

Vice President: Jane Shovlin

Secretary: Marilyn Newman

Treasurer: Dawn Schroeder

Publicity Committee: Gregory Carnesi, Chair

Congratulations to the following chapters for hosting a state officer chapter visit!

Agua Fria High School
Bradshaw Mountain High School
Chino Valley High School
Estrella Foothills High School
Glendale Union High School
Mountain View HS – Marana
Newell Barney Middle School
Paradise Valley High School - CREST
Paradise Valley High School – Nursing
Rio Rico High School
River Valley High School
West-MEC - Southwest Campus
Willow Canyon High School

Congratulations to AzHOSA PSO Amy Kijewski for graduating from the University of Arizona: College of Nursing and receiving the Outstanding DNP Project Awards while also receiving her DNP!

Congratulations to Paradise Valley High School - CREST advisor, Marni Landry, for earning the AZBIO: Bioscience Educator of the Year Award!

Finally, congratulations to Gilbert High School and advisor Mark Sherlock for being the first chapter to enter their students for HOSA membership!

Mission Report: Past State Officer

Arizona HOSA - Future Health Professionals

Vol 8 Issue 7

September 12, 2016

This month's past state officer is Amy Kijewski! She served as The Arizona HOSA State President from 2007 to 2008, and the Post-secondary Vice President from 2008 to 2009. Amy graduated from Sunrise Mt.High School, earned her BSN at ASU, and graduated from the UofA with her NP and DNP. We asked her some questions so you can see how much HOSA impacted her.

1. How did you first get involved in HOSA?

I first became involved in HOSA in my junior year in high school. HOSA was just beginning at my school and I was one of the first students to participate in our monthly meetings. I was elected to serve as the class representative for my Health Sciences class in this new and exciting organization and eventually became my chapter vice president. From there, I made the choice to run for state office, and serve for two years on the state officer team, once as State President, and later as Post-Secondary Vice President.



2. What sort of impact has HOSA had on your life?

I can truly say that HOSA was one of the most formative experiences of my life. Through my time in HOSA, I received training in public speaking, leadership, management and delegation of tasks- all of which have helped me advance in my professional career. Talking about my leadership experience in HOSA set me apart from other nursing candidates when I applied for my first job, and set me apart from other doctoral candidates when I was applying for enrollment in my Doctor of Nursing Practice program.



3. What's been your favorite experience in HOSA so far?

Attending the national HOSA conference was one of the most memorable experiences of my life. Getting to be in a conference hall with thousands of other students who share the same passion for healthcare, leadership, and making a difference in the world is one of the most energizing and humbling experiences you could ever experience.....not to mention crazy amounts of fun!!



4. What are your current career goals?

I currently am working in my dream job as a Family Nurse Practitioner in a family practice clinic in Anthem, AZ and HOSA has definitely helped me reach this point in my career! In the future, I would love to expand my clinical experiences and eventually teach either nursing or nurse practitioner students, but that will be many a year from now. :-)

5. Do you think the skills you learned in HOSA will benefit you in the future?

The skills I have gained in HOSA have absolutely benefitted me and will continue to benefit me in the future. I encourage every HOSA student to take advantage of every opportunity that comes your way in this wonderful organization.....don't let something slip by that might change your life later on!

Mission Report: Parli Pro Tips

Arizona HOSA - Future Health Professionals

Vol 8 Issue 7

September 12, 2016

Hello Arizona HOSA members! This is your Parliamentarian Gregory Carnesi here for another edition of Parli Pro Tips! Previously, we've covered the requirements to have a meeting and how to conduct business. If you make and second a motion, it should just go straight to vote, right? Not exactly; here is how it works!

Before being put to vote, a main motion is debated. Through debate, a motion can be discussed before being called to a formal vote. To start, each member can only debate twice on a debatable motion and can speak for up to 10 minutes. When debating, the maker of the motion has the right to speak first to discuss the motion. After that, anybody who wants to speak may speak. Once everybody who wants to debate has done so, those who have already spoken can gain recognition from the chair to speak again. When debating a motion, make sure that your discussion is germane or on topic. Along with this, when debating, you are discussing the motion being made, not the person who made the motion. All discussion is addressed to the chair instead of the maker of the motion to avoid any sort of personal debate.

Typically, a member can only speak two times for up to 10 minutes, as previously mentioned. However, there is a way to increase or decrease both the number of times a person may speak or how long they may speak. While debating, a member can make a motion to Limit or Extend the Limits of Debate. By doing this, you could limit debate to a certain time frame such as an hour before being voted on, allow people to speak more or less times than the standard 2, or give people more or less time to speak than the typical 10 minutes. Any combination of limits or extensions are possible, just be sure to specify the extensions or limitations when making the motion. Making a motion to limit or extend the limits of debate is similar to making any other motion. To do so, gain recognition from the chair, and say, "I move that in debate on the pending motion, each member/debate be limited/extended to..." with your modifications in there. Upon being made and seconded, a motion to Extend or Limit the Limits of Debate goes straight to vote without debate, and requires a two-thirds vote to adopt.

Additionally, a member may call for the end of debate on the motion via making a motion for the Previous Question. If passed, a motion for the Previous Question closes all debate and brings the motion straight to vote. To make a motion for the previous question, all a member needs to do is gain recognition from the chair and say, "I move the previous question." Much like a motion to Extend or Limit the Limits of Debate, upon being made and seconded a motion for the Previous Question is undebatable, and requires a two-thirds vote to be adopted.

Through debate members can also change and modify a main motion using subsidiary motions, which we'll be covering in the next edition of the Synapse. Stay Tuned!