

June 29th, 2018

# HOSA ILC

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## THE DALLAS ISSUE

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JUNE 2018 • ISSUE 5 • VOLUME 10

**hosa** future health professionals  
ARIZONA

# THE GIST: WHAT YOU NEED TO KNOW



## Weather

Make sure to check the weather, because guess what? It's going to be hot! Remember to take care of yourself and others by packing water, sunscreen, and sunglasses.



## Trivia

### Yesterday's Answer

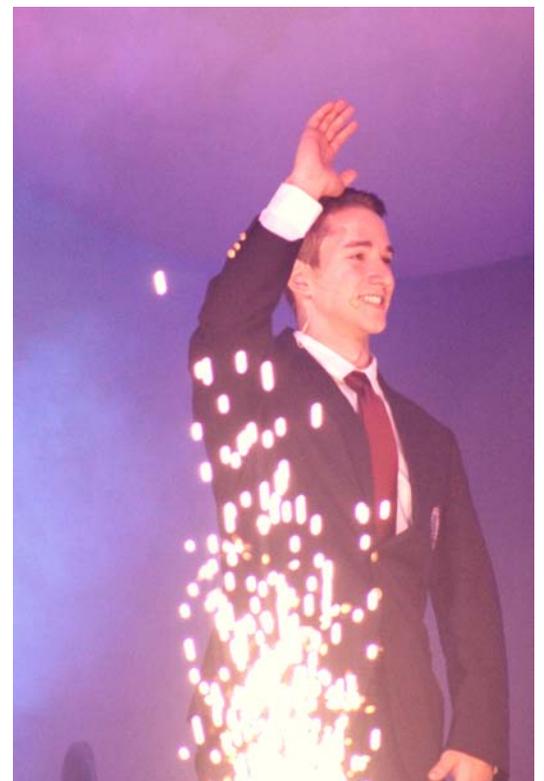
Which former U.S. President was assassinated in Dallas, Texas while riding in a 1961 Lincoln Continental?

D.) [John F. Kennedy](#)

### Today's Question

What is the name of the heart's natural pacemaker?

- A.) Myocardium
- B.) Atrioventricular node
- C.) Sinoatrial node
- D.) Bachmann's bundle



# HOSA UNIVERSITY: 101, 201, 102

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## 101: Members

Any chapter members can continue growing towards becoming future health professionals through this engaging class. This session enables participants to work on their communication skills, learn to work as part of a team, and discover leadership tips while interacting with other members.

## 210: Local Officers

A fun way to engage with other local chapter officers is by attending this workshop. It provides a chance to grow as a leader at the local level and exposes you to new, innovative ideas. As you interact with other chapter officers from across the globe, you will learn the characteristics vital to building strong teams.

## 102: Advanced Chapter Officers

This informational class is designed to help advanced chapter members to continue growing and taking steps towards becoming chapter leaders as well as future health professionals. Participants will gain confidence in their leadership abilities as they interact with other members and gain useful experience and knowledge!

We hope that anyone eligible for this HOSA University took full advantage of it! The next upcoming HOSA Universities are tomorrow, Friday, June 29th, and are the "HOSA University 100: Middle School" and "HOSA University 101: Local Members". We hope that you attend these, as there is much to learn!



## Subscribe For ILC Newsletter

[bit.ly/ILCnewsletter](https://bit.ly/ILCnewsletter)

Your 2018-2019 State Officer Team will be working hard on the ILC Newsletter. The newsletter will help you stay informed about all the happenings at ILC. Sign up using the link above.

## Follow us on all platforms!



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# SOCIAL MEDIA

# RELAXATION STATION



## Fun Facts

On April 4, 1969, Dr. Denton A. Cooley—a renowned heart surgeon and founder of the Texas Heart Institute in Houston—performed the first total artificial heart implant in the world! What an impressive moment in medical history to inspire us to continue creating these kinds of moments and innovations.

# SCHEDULING REMINDERS

Don't forget about the following events happening TODAY:

- 8:00am - HOSA University 101: Members (Dallas Ballroom E)
- 9:00am - HOSA Expo (Exhibit Hall E)
- 5:00pm - Alumni Reception (Cedars)
- 7:30pm - Recognition Session (Exhibit Hall F) \*Open Seating
- 10:00pm - HOSA Hypnotist (Dallas Ballroom D & H)

## ROUND 2 COMPETITORS

### Sports Medicine:

Griffin, Leisel (GIFT)  
Juarez, Desirea (GIFT)  
McCabe, Kayla (Campo Verde HS)  
Powell, Hallie (Lee Williams HS)

### HOSA Bowl:

Fox, Noah (Paradise Valley HS CREST)  
Lodha, Prathista (Paradise Valley HS CREST)  
Reed, Riley (Paradise Valley HS CREST)  
Santoni, Isabella (Paradise Valley HS CREST)

### Health Career Photography:

Adams, Reba (GCU)  
Anderson, Hannah (West-Mec Vet Asst. 2)

### Physical Therapy:

Clardy, Katarina (EVIT PT AM)  
Sloboda, Brandon (Queen Creek HS SM)

### Forensic Medicine:

Cheng, Elizabeth & Ellis, Ikumi (McClintock HS)

### EMT:

Chavarria, Destiny & Lopez, Nataly (Sunnyside HS)  
McKay, William & Swencki, Kody (EVIT EMT PM)

### Public Health:

Cruz, Juan (Douglas HS)  
Martinez, Cianna (Douglas HS)  
Amaya, Andrea (Douglas HS)  
Zazueta, Cesar (Douglas HS)  
Parra, Janine (Douglas HS)  
McDowell, Julie & Veal, Samantha (Queen Creek MS)

### Pharmacy Science:

Berkland, Liam (West-MEC NE Pharm 1)  
Blanco Holman, Jane (West-MEC NE Pharm 1)  
Paul, Rand (West-MEC NE Pharm 2)

### Veterinary Science:

Haley, Daricek (West-MEC NEC Veterinary Assisting)  
Alexa, Dynes (EVIT East PS)  
Alexana, Perea (EVIT East PS)  
Mallory, Olson (Andrada Polytechnic HS)

### CPR/First Aid:

Nesbitt, Mikayla & Steger, Taylor (Pima County JTED)  
Miller, Jacob & Campasano, Hayden (Saguaro HS)

### Dental Science:

Caballero, Gisselle (CAVIT)

### CERT Skills:

Olguin, Yousi & Ginsberg, Amanda (Paradise Valley HS)

### Public Service Announcement:

Team 15983  
Bole, Camden (GCU)  
Seawright, Amanda (GCU)  
Taillon, Jared (GCU)

### Team 16233

Miroshnichenko, Anna (Paradise Valley HS CREST)  
Turley, Kaitlin (Paradise Valley HS CREST)  
Plouffe, Stephanie (Paradise Valley HS CREST)

### Team 17572

Grimm, Krista (Buena HS)  
Gonzalez, Daniela (Buena HS)  
McHargue, Skylar (Buena HS)  
Meneses, Cristo (Buena HS)

### Team 17961

Gardea, Joanna (Bradshaw Mountain HS)  
Sotelo, Tiffany (Bradshaw Mountain HS)  
Ramirez, Yuli (Bradshaw Mountain HS)  
Segundo, Francisca (Bradshaw Mountain HS)  
Torres, Andrea (Bradshaw Mountain HS)

### Medical Spelling:

Kidd, Samantha (Marana HS)

### Research Persuasive Writing and Speaking:

Peterson, Carolina (CAVIT)

### Parliamentary Procedure:

Team 17471  
Holmberg, Holly (Millenium HS)  
Bustoz, Abigail (Millenium HS)  
Robles, Marissa (Millenium HS)  
Carrao, Hanna (Millenium HS)  
Larkin, Samantha (Millenium HS)

### Team 17495

Podsiadlo, Katherine (Millenium HS)  
Noell, Macie (Millenium HS)  
Soto, Ben (Millenium HS)  
Molino, Kaycee (Millenium HS)  
Furey, Sean (Millenium HS)  
Eeravani, Ananya (Millenium HS)

### Clinical Nursing: NONE

### Creative Problem Solving:

Team 16225  
Lenstrohm, Charles (Paradise Valley HS CREST)  
Levy, Benjamin (Paradise Valley HS CREST)  
Morales, Matthew (Paradise Valley HS CREST)  
McGraw, Mac (Paradise Valley HS CREST)

### Healthy Lifestyle: NONE

### Home Health Aide:

Mans, Dominic (Buena HS)

### Medical Assisting:

Corona Torres, Laura (EVIT PS-AM)  
Kereluk, Rhiannon (EVIT PS-AM)  
Sethi, Rashmi (EVIT East)  
Benjamin, Nicole (West MEC NE MA 2)  
McMillion, Brianna (West MEC NE MA 2)

### Nursing Assisting:

Kersh, Cailee (Paradise Valley HS)  
Barron, Saide (GIFT PS)  
Friedberg, Jenna (Deer Valley HS)

As a little kid, do you remember trying to find that little man in the red and white stripes? Sometimes it seemed impossible to find Waldo! Unfortunately, sometimes it can be nearly as difficult for you, the members, to find and interact with the state officers! However, we state officers, want to meet each of you and hear about your exciting ILC adventures! So, we have devised a little game for you all to try and find us throughout the conference, and maybe you'll even earn a prize!

Every day in the ILC Newsletter three short hints will be posted. These are your clues for how to find the three state officers for the day. Using these clues, you can figure out who has the daily prize and where they are located. Once you find the designated officer, take a minute to get to know them! Ask them questions about what HOSA means to them. And of course, don't forget to snap a pic and post it to social media with our hashtag #azhosamoments

If you ever need help with the hints, look in your program or in our state social media accounts! Remember, we want you to have fun and enjoy this scavenger hunt, however, it is important that you are respectful and follow all rules and curfews while doing so!

As a reward for finding the state officers, they will give you some exciting HOSA merch to keep!

## Today's Clues:

- 8:00-8:30 AM: Our National Service Project for the past year was all about supporting the National Alliance on Mental Illness. This officer was particularly passionate about this topic as they love to learn about psychology. The service project is a big deal and neither you nor this officer would want to miss this session. If you go up to this officer and tell them what service you are passionate about, she will be sure to cast her vote of thanks!
- 4:30-5:00 PM Can you guess which officer is the oldest? They are ready and prepared for their future in an MD/ Ph.D. program, but just because they will soon enter their future career doesn't mean they have to leave HOSA! Ask this officer what you can do to always stay connected with HOSA and I'm sure they will receive you quite well!
- 9:30-10:00 PM This officer loves breakfast food! They are always willing to meet with others to discuss breakfast food, what they think the future of breakfast food should be, and why certain foods should be chosen as the best breakfast foods. You'll find this officer at a perfect place for meeting inspiring new people and indulging in some tasty breakfast.

# WHERE'S THE STATE OFFICER?

# HOSA FUN DAY

We hope you are having an enjoyable time here at ILC in the great state of Texas. In Dallas, one of the places to have fun is at the Reunion Tower! This landmark is located just down the street from the Omni Hotel. The cost of entrance to the tower is \$17 per person, however, the view from the top is priceless! The Tower also houses a restaurant, which is a fantastic place to spend your lunch break. For any of you science nerds out there, going on a tour of the Perot Science Museum would be a fantastic way to enrich your ILC experience.

Saturday would be the ideal day to explore Six Flags. Whether you are a thrill-seeker looking for an adventure or a person who prefers the ground, Six Flags is the place for you! Besides the rides, this amusement park also includes numerous restaurants and shops. No matter what you do, we know that you will have a very enjoyable, FUN day here in Dallas. Please make sure to be careful, wear sunscreen, and stay hydrated when navigating through the fun day activities as the weather in Dallas is very HOT! For more information visit [HOSA.org](http://HOSA.org).





Still nervous about your competition, or worried about round two? Arizona HOSA is cheering you on! After all, if you have been preparing, this should nearly be your [clinical specialty](#)! We are [CERT](#)ainly impressed by your [skills](#), and cannot wait for you to show off what you have learned. As long as you try your best, you have achieved success. We appreciate all the [innovation](#) and [creative problem solving](#) you have used to get to ILC, and hope you are able to use your competition to boost your experience. Good luck!

Here are some competition reminders and tips:

- If you are stressing and getting in some last minute studying, make sure you take a brief break before your competition.
- Don't forget pencils, guidelines, or any other materials that are required for your competition.
- Get in a good meal and a decent night of sleep before your competition!

Remember - You've got this!

# GOOD LUCK!

