

Mission Report: Chapter Recognition

Mountain Ridge High School PLTW Biomedical Sciences HOSA Hosts Cardiac Screening



In October, students from Mountain Ridge High Schools' Project Lead the Way Biomedical Sciences classes and HOSA Chapter spent a Saturday helping the community by volunteering at the Anthony Bates Cardiac Screening, and managed to learn a lot along the way.

Students arrived early to help set up, and learn about the tests they would soon be performing, such as blood pressure and EKG tests. After watching a several demonstrations, and trying it out themselves a few times under supervision, the students were ready to make a difference. As people began to stream in, students helped with everything from registration, to directing people to the next test, to actually performing the EKG tests themselves. Following registration, patients were directed to the blood pressure station where another student was ready to take their blood pressure. Next, the patients went to a table while a group of students worked to attach electrodes to perform an EKG. The patients then took the EKG print-out to the echo

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station. Student assisted the technician in reviewing the test. The final station was a consult with one of the cardiologists to determine their cardiac health.

Through this opportunity with the Anthony Bates Cardiac Screening, students were able to learn about several of the most important diagnostic tests in healthcare. Volunteers worked with various medical professional during the event allowing the student a better understanding of these careers and evaluating patients. And most importantly, the students of the Mountain Ridge Biomedical Program and HOSA Chapter were able to help members of the community with their health, and perhaps even help save a life!

For more information about Anthony Bates Foundation visit <http://www.anthonybates.org>



Mission Report: Operation Recognition

Phoenix High School Program Teaches Real Skills in Fake Evacuation Drill

Glendale Union HCE took the time to show the world the power of CTE classes. They teamed up with Fire Science classes and real firefighters and nurses to stage a mock mass evacuation drill. They set up a triage area where the HOSA members assessed

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and treated the patients who were pulled out of the building by the student firefighters. They were even featured on 12 News!



Glendale Union Moon Valley HS celebrates CTE month with a mock evacuation drill-check it out!

Both of these chapters have done an amazing job representing HOSA. Remember, if you want your chapter to be featured on Operation Recognition, email jane.shovlin@azed.com with the information about your chapter.

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Mission Report: Past State Officer



Brittany Ebbing

2009-2010 State President

2008-2009 Secondary Central Region Vice President

What was your position during your term as a state officer and what were your responsibilities?

During my time as a state officer I was Secondary Central Region Vice President during the 2008-2009 term and State President during the 2009-2010 term. My responsibilities during my first term included engaging the Secondary Central Region members with chapter visits. During my term as State President, I was responsible for leading the state officer team, ensuring that tasks were completed in a timely manner and representing and engaging AzHOSA members from across the state.

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What inspired you to go into HOSA?

I was inspired to join HOSA when it was introduced to me during my Healthcare Pathways course at Paradise Valley High School in my junior year. My advisor and teacher, Ms. Laidig, talked to me extensively about HOSA and all the opportunities it provided, such as the state and national leadership conferences and scholarship opportunities. At that point, I decided to run for chapter office and then I was hooked!

Why did you want to run for office?

It was my first year in HOSA and Ms. Laidig again approached me and told me about the opportunity to run for state officer and I thought I would go out on a limb and apply. I never thought I would get elected. I was so excited and inspired to serve all the AzHOSA members that I met at that very first Spring Leadership Conference.

How has HOSA changed your life?

HOSA has changed my life because of the people I had the opportunity to work with. The people I met during my time in HOSA changed my life and inspired me to be the best leader possible. Working with Mrs. Jane Shovlin during my time as state officer and now as a Past State Officer (PSO) changed my life tremendously. She is an incredible, kind, thoughtful person that has a never-ending, contagious passion for HOSA.

What is your favorite HOSA memory?

My favorite HOSA memory was Washington Leadership Academy both years, but especially during my second term as state officer. It was amazing to come together with state officers from around the country and learn about leadership and advocacy. It was incredible to spend time at the US Capitol advocating for different healthcare education bills. This was my first introduction to advocacy and has taught me many skills that I have used since and plan to use in the future.

What would you say to a new member hoping to get involved with HOSA?

I would encourage them to get involved! Try to see what you can do to help your local chapter succeed, such as helping with fundraiser for the national service project. Go to the fall and Spring Leadership Conferences and see the passion that other students from across the state have for HOSA. Compete in state and national competitions; it is fun to practice your skills that you have spent so long learning in the classroom. Run for local or state office if you want to get more involved and learn life changing, invaluable leadership skills.

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What is your favorite thing about HOSA?

My favorite thing about HOSA is the fact that it brings all healthcare profession students together regardless of what field of healthcare that they are going into to, where they live, or what level of training they are in. This was really the start of my interprofessional education that is so important for all healthcare providers to foster and encourage in their workplace and HOSA provides that opportunity early on for healthcare profession students.



Mission Report: Parli Pro Tips

By Gregory Carnesi, AzHOSA Parliamentarian

Hello Arizona HOSA members! This is your Parliamentarian Gregory Carnesi, with another edition of Parli Pro Tips! Over the last year we've been covering the rules of Parliamentary Procedure, which the assembly uses to govern itself. But what rules govern our organization, and furthermore, your chapter? Those rules are called Bylaws, and they're what we're going to be covering today. With that said, I call this edition to order!



**Constitution, Bylaws,
Policies and Procedures**

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Bylaws are defined in Robert's Rules in Brief as "the group's own basic rules relating principally to itself as an organization." Basically, bylaws are the rules that govern an organization. Bylaws can also be thought of as a Constitution, similar to the Constitution of the United States. These rules describe the group's purpose, determine selection and qualification of members provide for officers, committees, and meetings, define quorum, and can also set up executive boards. Another important thing about bylaws is that they must also include provisions for their amendment, or changing. While this may seem like a lot to include, bylaws are essential when starting a new chapter or organization.

Besides Bylaws, organizations and chapters are governed based off of hierarchy of rulesets, ranked based off of authority. From highest to lowest authority there are:

- **Laws (State and National)**
Any State or Federal law supersedes Robert's Rules of Order, and are followed over Parliamentary Procedure
- **Policy (School and District)**
Any school policy or requirement may supersede the Corporate Charter or bylaws.
- **Corporate Charter**
If an organization is incorporated, then they'll typically have a Corporate Charter. The contents of a Charter will vary, but again, the rules laid out within them supersede those within Robert's Rules and are followed instead.
- **Bylaws or Constitution**
These two are covered in the above section. Typically organizations will have bylaws, but less commonly organization will have constitutions instead. Additionally, most organizations will either have bylaws or a constitution, not both. Both have the same authority over an organization.
- **Rules of Order**
These are the rules that govern over the assembly within an organization. The Rules of Order include the *Parliamentary Authority*, and *Special Rules of Order*. The Parliamentary Authority is an established manual on Parliamentary Procedure. Our organization uses Robert's Rules of Order, but other Parliamentary Authorities do exist. Special Rules of Order are adopted by a group for particular purposes, and supersede conflicting rules in the Parliamentary Authority. (ex. Groups can adopt a special rule of order to tighten the limits of debate to three minutes per speech instead of ten.)

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- **Standing Rules**

Standing Rules are administrative details not important enough to include in bylaws, nor relating to any business. An example would be that members should be seated in specific areas, which isn't a major rule, nor affects the business of the assembly. Standing Rules must be adopted, and required a majority vote to do so. Amending Standing Rules requires a majority vote **with previous notice**, or without notice, a two-thirds vote *or* a vote of the majority of the entire membership of the voting body.

- **Customs**

Customs are habits and traditions adopted by an assembly, and are practically written rule. Customs cannot conflict with a written rule, and if a conflict is noticed, the written rule must be followed over the custom, unless the written rule is amended to include the custom. A majority vote can also be taken to not follow customs if the assembly so desires.

There are many rules that govern an organization and an assembly. It can get difficult sometimes to keep track of all of these rules, but most times the only rules that will apply to the assembly are the bylaws and below. Every HOSA chapter in the state of Arizona is required to have a set of bylaws, and you can find your chapter's bylaws by going to the Arizona HOSA website, scrolling to the "Governance" tab, and clicking on the "Chapter Bylaws" section. You can also click on the "Bylaws" to take a look at our state bylaws. I advise you look them over if you want to a deeper understanding of what bylaws are and what they do.



I'm sad to say that this is the second to last edition of Parli Pro Tips this year, which means that the next edition is the final one! We'll be going over the structure of a meeting in its entirety, and I'll answer any questions that you might have. If you have any questions, please send me an email at gcarnesi@pvllearners.net, and you could be featured in the final edition of Parli Pro Tips! Until then!